



BOSTON COLLEGE

CROSS COUNTRY / TRACK & FIELD



CROSS COUNTRY TRACK & FIELD

NEWSLETTER

BACK FOR ANOTHER YEAR

Boston College Track & Field/Cross Country is back! We enter the 2026-27 season looking to build on a strong 2025-26 campaign. The women's cross country team captured the NCAA Northeast Regional title and advanced to the NCAA Championships, while the track & field squads continued to make an impact at the ACC and NCAA levels.

With key returners, new additions and fresh energy across the program, we are excited to get back to competition and carry last season's momentum into another successful year on the Heights.





OFF TO A HOT START

The Boston College Men's Cross Country team kicked off their season in historic fashion by capturing first place at the Maribel Sanchez Souther Invitational in Hanover, N.H., marking the program's first team victory since 2008. Guided by Director Pete Watson and Assistant Coach Tim McGowan, the Eagles put on a dominant tactical display across Dartmouth's 8k course, securing top honors with a low team score of 34 points to comfortably outdistance runner-up Brown (87 points) and third-place Northeastern (98 points).

The victory was anchored by a tight pack-running strategy that placed all five scoring runners inside the top ten overall. John Garvey led the squad across the finish line in 3rd place (24:50.6), closely trailed by John Bianchi in 5th (24:53.8) and Aidan Brancaccio in 7th (24:54.7). Sean Fleming (9th, 25:01.9) and Roman Sierpina (10th, 25:02.9) sealed the win while both setting personal bests at the 8k distance.



COMPETING AGAINST THE BEST

The Boston College Women's Cross Country team opened their 2026 season with a strong seventh-place team finish among a stacked national field at the John McNichols Invitational,

hosted by Indiana State at the LaVern Gibson Championship Cross Country Course in Terre Haute, Indiana. Competing across the 6k championship course, the Eagles gathered a team total of 217 points in a race that saw five athletes make their Boston College debuts.

Imogen Gardiner paced the squad, crossing the line in 17th place overall with a time of 20:21.7. Ella Fadil was the next Eagle to finish, securing 32nd place in 20:49.1, followed closely by top freshman Annabelle Miller in 40th place with a time of 20:57.2. Claire Daniels (65th, 21:24.1) and Mabel George (67th, 21:26.5) rounded out the scoring five to cap off the season opener.

ON THE MAP NATIONALLY AND REGIONALLY

Boston College women's cross country enters the 2026 season ranked among the nation's best, checking in at No. 27 in the USTFCCCA Division I Week 1 National Coaches' Poll. The Eagles, who advanced to the NCAA Championships last season after winning the Northeast Regional title, also stayed as the No. 1 team in the Northeast Region. BC returns its top two runners from a year ago and a strong group of underclassmen as it looks to build on last season's regional championship.

The Boston College men's cross country team was also recognized in the USTFCCCA Week 1 Regional Poll, earning the No. 7 spot in the Northeast Region. The Eagles enter the season looking to climb the regional standings and compete among the Northeast's top programs throughout the 2026 campaign.



WOMEN'S WEEK 1

NATIONAL RANK

#27



For Results



new balance



2026 MEDIA DAY

Name a better cross country kit in the nation... we'll wait.





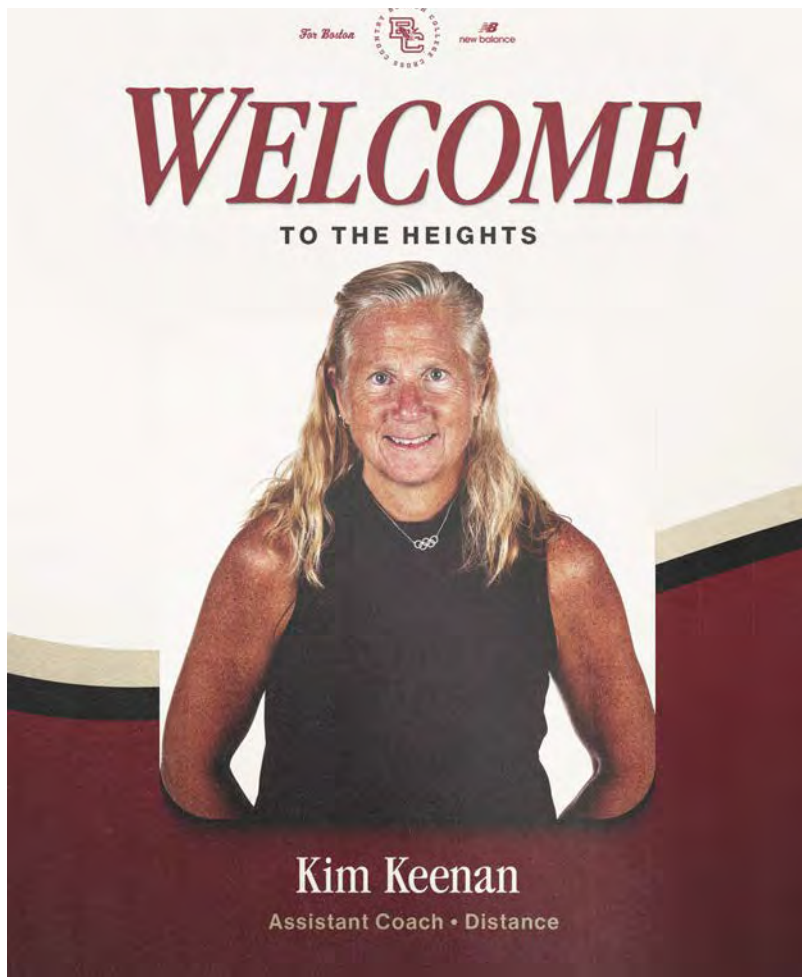
WELCOME TO THE HEIGHTS

Boston College Track & Field/Cross Country welcomes Kemar Mowatt and Kim Keenan to the coaching staff for the 2026-27 season.

Kemar Mowatt joins Boston College as an assistant coach specializing in sprints and jumps after spending the previous two seasons at Boston University. Mowatt helped the women's program capture the 2025 Patriot League Indoor Championship while coaching three All-Patriot League athletes and a conference champion. Prior to BU, Mowatt spent two seasons as a volunteer assistant at Arkansas, helping the Razorbacks win the 2024 NCAA Outdoor Championship and coaching four NCAA individual champions. A former professional athlete, Mowatt competed for Jamaica at the 2020 Tokyo Olympics and was a two-time Jamaican national champion in the 400-meter hurdles.

Kim Keenan joins the Eagles as an assistant coach following a tenure at Princeton, where she served as Director of Operations for Track and Field beginning in 2023. During her time with the Tigers, the Princeton men's team won nine consecutive Ivy League Championships, while the women captured six straight titles. Keenan previously served as Associate Head Cross Country and Assistant Track Coach at Colgate, where she helped lead the program to three individual Patriot League titles and multiple school records. She began her coaching career as the head cross country coach at Drew University.





READY TO ROLL

The 2025-26 season was one of the most memorable in school history. We're excited that the season is underway and we can't wait for another amazing season and incredible support this year!



