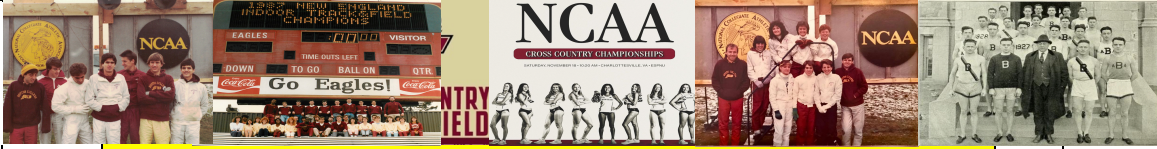


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Updated - May 30, 2026

Jack McDonald (BC '73)

[Updates, Edits & Corrections Welcomed and Encouraged mcdonald44@me.com](mailto:mcdonald44@me.com)

2025-26 Performances in Gold

BC Varsity Club - Hall of Fame Inductees

1970	Harold Connolly '53			
1970	James "Jake" Driscoll '22			
1970	Joe McKenny '37			
1970	Bernie Wefers '96			
1971	Dimitri N. Zaitz '37			
1972	Henry F. "Luke" McCloskey '27			
1973	William P. Gilligan '40 (also Coach)			
1983	Rev. Msgr. Bernard O'Kane '09			
1974	Richard Gill '38			
1974	James Kavanaugh '68			
1975	John Fiore '66			
1976	Alfred W. Morro '42 (also Football)			
1977	Joe Ingoldsby '27			
1978	Bill McKillop '27			
1979	Louise Welch '25			
1980	Frank X. Zeimetx '39			
1980	Lawrence Jeffers '68			
1981	Keith Francis '76			
1982	Jack McDonald '73 (also Coach)			
1983	Tom Cavanaugh '26			
1983	Larry Flynn '63			
1984	Lawrence Rawson '63 (also Cross Country)			
1985	Rev. William J. Donlon '31			
1985	William H. Norris '67 (also Cross Country)			
1986	John E. McManus '34			
1987	Cindy Flick McHugh '81 (also Cross Country)			
1987	George Desnoyers '63			
1988	Phil Hazard '78			
1989	Rob Lanney '81			
1990	Tom Meagher '31			
1990	Samir Vincent '62			
1991	Harold Krause '70			
1992	Pat Lochiatto '55			
1993	Michelle Hallett '86 (also Cross Country)			
1993	Ray Hawkins '86			
1994	John Clopeck '87 (also Cross Country)			
1994	Karl Swanke '80 (also Football)			
1995	Leslie Freeman Charles '86			
1995	Joe Rocha '87 (also Cross Country)			
1996	Bob O'Leary '60			
1998	Bob Merrick '24			
2000	Byron Hemingway '77 (also Football)			
2001	Fernando Braz '85 (also Cross Country)			
2002	Ken Moody '89			
2003	Tiffany Young '92			
2004	Tom Horton '80			
2005	Angie Graham Hollins '98 (also Cross Country)			
2006	Mark McGehearty '97			
2006	Sean McGehearty '97			
2007	Shannon Smith '00 (also Cross Country)			
2008	Andrea Melton '96			
2010	Keith Yuen '93 (also Cross Country)			
2011	Katie Ryan Kieran '02 (also Cross Country)			
2012	Maria Cicero Lindberg '05 (also Cross Country)			
2012	Lou Tessier '65			
2013	Captain George Lermond '25			
2014	Kasey Hill '07			
2015	Chris Georgules '95 (also Cross Country)			
2018	Caroline King '12 (also Cross Country)			
2018	Jillian King '13 (also Cross Country)			
2019	Owen Murphy '26			
2022	Liv Westphall '16 (Also Cross Country)			
2022	Jim Kenny '86			

Men's and Women's Eagles of the Year

YEAR	NAME			
1977	Bryron Hemingway			
1980	Tom Horton '80			

1981	Rob Lanney '81				
1981	Cindy Flick '81				
1983	Adrian Munoz-Bennett '83				
1986	Michele Hallett '86				
1987	Ray Hawkins '87				
1988	Joe Rocha '88				
1991	Candi Nichols				
1992	Keith Yuen '92				
1994	Tiffany Young '92				
1996	Andrea Melton				
1997	Mark McGehearty				
1997	Sean McGehearty				
1998	Angie Graham				
2001	Shannon Smith '00				
2002	Katie Ryan				
2008	Kasey Hill				
2013	Jillian King				
2016	Liv Westphal				
2023	Kate Mitchell '23				
Golden Eagle - Most Valuable Award					
2024	Sydney Segalla '26				
Men's Olympians					
YEAR	NAME	EVENT			
1924	Jake Driscoll '23	400 Meters			
1936	Dimitri Zaitz '38	Shot Put			
1956	Harold Connolly '56	Hammer Throw			
1960	Harold Connolly '56	Hammer Throw			
1964	Samir Vincent '63 (Iraq)	Triple Jump			
Men's NCAA Champions					
YEAR	EVENT	PERFORMANCE	NAME	PLACE	HONORS
1963	Hammer Throw		George DesNoyers '63	1st	All American
1965	Hammer Throw		John Fiore '66	1st	All American
1966	Hammer Throw		John Fiore '66	1st	All American
1975	1000 Yards		Keith Francis '76	1st	All American
Penn Relay Champions					
1924	College Men 4 x 800	07:47.6	Bill McKillop '27, Pat Mahoney, Louis Welch '25, Tom Cavanaugh	1st	World Record
1925	College Men 4 x Mile	18:05.2		1st	
1925	College Men Distance Medley	10:27.4		1st	
1926	College Men Distance Medley	10:25.6		1st	
1927	College Men 4 x 800	08:07.0		1st	
1932	College Men 4 x 800	07:54.4		1st	
1963	College Men Distance Medley	10:01.3	Jim Owens '63, Bob Gilvey '65, Phil Jutras '65, Larry Rawson '63	1st	
1975	College Men Sprint Medley	03:30.7	Paul Trovato '75, Neil Green '78, Phil Hazard '78, Keith Francis '76	1st	
Men's NCAA Cross Country and Indoor and Outdoor Track & Field Qualifiers					
YEAR	EVENT	PERFORMANCE	NAME	PLACE	HONORS
1937	440	47.6	Dick "Red" Gill '38	5th	All American
1937	Shot Put	52' 2 1/2"	Dimitri Zaitz '38	2nd	All American
1962	Hammer Throw	189'1"	George Desnoyers '63	3rd	All American
1962	Triple Jump	50' 3 1/2"	Samir Vincent '63	3rd	All American
1963	Mile	?	Larry Rawson '63	8th	
1963	Hammer Throw	190'2"	George Desnoyers '63		Champion All American
1965	Hammer Throw	200'10"	John Fiore '66		Champion All American
1966	Hammer Throw	201' 3 1/3"	John Fiore '66		Champion All American
1967	#35 Lb. Weight Throw	59'6"	Jim Kavanaugh	4th	All American
1968	440	49.7	Larry Jeffers '68	7th	
1973	Mile	04:07.0	Jack McDonald '73		
1975	1000y	02:08.4	Keith Francis '76	Champion	All American
1976	800m	01:47.7	Bill Martin	5th	All American
1976	800m		Keith Francis '76		
1977	100m		Phil Hazard '78		
1977	Discus	180'1"	Mike Woicik	13th	
1981	Mike	04:04.6	Tom Horton '81	12th	
1982	Hammer Throw	200'0"	Brian Monahan '82	13th	
1982	Cross Country		Fernando Braz '85	85th	
1983	Cross Country		Fernando Braz '85	56th	
1984	Cross Country Team	11th	Clopeck '86, Rocha '88, Braz '85, Renehan '85, Thayer '85		
			Sullivan '85, Plissey '87	11th	
1984	Cross Country		John Clopeck '86	27th	All American
1985	Hammer Throw	211'3"	Jim Kenny '86	10th	All-American (2nd team)
1985	10,000m	29:02.6	Fernando Braz '85	12th	All-American (2nd team)
1985	#35 Lb. Weight Throw	65'6"	Jim Kenny '86	8th	All American
1986	#35 Lb. Weight Throw	67'7"	Jim Kenny '86	5th	All American
1986	Long Jump	24'7"	Ray Hawkins '86		
1986	5000	13:53.6	John Clopeck '86	3rd	All American
1986	Hammer Throw	211'3"	Jim Kenny '86	12th	All-American (2nd team)
1987	3000m	08:00.5	Joe Rocha '88	10th	
1987	Cross Country		Joe Rocha '88	14th	All American
1995	3000m	07:59.3	Chris Georgules '95		
1997	#35 Lb. Weight Throw	70'7"	Mark McGehearty '97		

1997	#35 Lb. Weight Throw	72'10"	Sean McGearthy '97		
2024	Mile	03:55.39	Steven Jackson '24 All-American (2nd team)	14th	NCAA Finals (Boston)
2024	1500	03:38.66	Steven Jackson '24		NCAA Regionals (Kentucky)
2024	1500	03:40.85	Steven Jackson '24	20th	NCAA Finals (Eugene, OR)
2025	Mile	03:56.07	Steven Jackson '25	7th	All-American (1st-team)
2025	5000m	13:49.90	Theodor Schucht '28		
2025	Cross Country @ NCAA Regionals	8th	Mateo Bianchi '27, Aidan Brancaccio '27, Patrick Donnelly GR'26, Sam Ellis '26	8th	
2026	5000m	13:36.47	Theodor Schucht '28	13:53.78	NCAA Regionals (Kentucky)
2026	1500m	03:41.17	Colin Peattie	03:45.16	NCAA Regionals (Kentucky)
2026	3000m Steeplechase	08:39.05	Mateo Bianchi '27	08:39.05	NCAA Regionals (Kentucky)
Men's IC4A Champions					
YEAR	EVENT	PERFORMANCE	NAME		
1896	440	50.6	T.E. Burke '1897		
1897	440	50.4	T.E. Burke '1897		
1922	440	49.5	Jake Driscoll '22		
1923	4 x 880 Relay	07:55.5	Cavanaugh, Finnegan		
			Kirby, Mahoney		
1924	High Jump	6'2 5/8"	Clarence Flahive '26		
1225	High Jump	6' 1/8"	Clarence Flahive '26		
1924	Frosh Medley Relay	07:48.8	Ingoldsby '27, McCloskey '27		
			McKenny '26, McKillop '27		
1926	4 x 880 Relay	07:53.7	Ingoldsby '27, McKillop '27		
			McCloskey '27, Daley '28		
1927	4 x 880 Relay	07:51.0	Ingoldsby '27, McKillop '27		
			McCloskey '27, Daley '28		
1931	4 x 880 Relay	07:50.6	O'Brien '31, Meagher '31		
			Fleet '34, Moynihan		
1934	Frosh Medley Relay	07:39.4	Burrill '37, Fleet '37		
			Hines, McKee '37		
1935	Frosh Medley Relay	07:26.2	Powers, Allans '39		
			Ziemetz '39, Cronin '39		
1937	Shot Put	49' 1 5/8"	Dimitri Zaitz '37		
1962	Triple Jump	48' 8 3/4"	Samir Vincent '62		
1963	Hammer Throw	190'4"	George Desnoyers '63		
1965	3000m Steeplechase	09:16.3	Bill Norris '68		
1966	3000m Steeplechase	09:07.7	Bill Norris '68		
1967	3000m Steeplechase	09:16.2	Bill Norris '68		
1971	100y	9.7	Don Schneidern '71		
1874	1000y	02:09.2	Keith Francis '76		
1974	880y	01:47.8	Keith Francis '76		
1975	60y	12:00.0	Phil Hazard '78		
1976	Mile	04:04.5	Keith Francis '76		
1987	5000m	14:09.4	Joe Rocha '88		
1988	High Jump	7' 2 1/4"	Ken Moody '89		
1988	High Jump	7' 2 1/4"	Ken Moody '89		
Men's All-ACC					
2025	Mile	04:02.43 - 2nd	Steven Jackson '25		
2024	Mile	3:58.78 - 4th	Steven Jackson '25		
2026	3000 Meters	07:51.07	Theodor Schucht '28		
2026	5000 Meters	13:36.47	Theodor Schucht '28		
Men's Big East Champions					
YEAR	EVENT	PERFORMANCE	NAME		
1980	Shot Put	54'6"	Karl Swanke '80		
1980	Discus	151'0"	Karl Swanke '80		
1980	Shot Put	55'5"	Karl Swanke '80		
1882	10,000m	30:14.5	Fernando Braz '85		
1982	Hammer Throw	185'11"	Brian Monahan '82		
1983	Long Jump	23'8"	Chris Nance '83		
1983	Triple Jump	48'5"	Adrian Munoz-Bennett '83		
1984	#35 lb. Weight	55'1"	Jim Kenny '86		
1985	#35 lb. Weight	62'6"	Jim Kenny '86		
1985	Hammer Throw	205'0"	Jim Kenny '86		
1986	Cross Country		John Clopeck '86		
1986	35 lb. Weight Throw	62'2"	Jim Kenny '86		
1986	High Jump	6'10"	Ken Moody '89		
1987	High Jump		Ken Moody '89		
1988	High Jump		Ken Moody '89		
1986	Hammer Throw	199'4"	Jim Kenny '86		
1986	Long Jump	24'6"	Ray Hawkins '87		
1987	Cross Country		Joe Rocha '88		
1989	Long Jump		Ken Moody '89		
1999	High Jump	6'11"	Ruben Marin		
Men's New England Champions					
YEAR	EVENT	PERFORMANCE	NAME		
1918	Hammer Throw	110' 9 1/2"	John McNamara '20		
1919	440y	51.2	Jake Driscoll '22		
1919	Long Jump	21' 1"	Jack Dempsey '20		
1920	440y	52.4	Jake Driscoll '22		
1920	110 Hurdles	16.6	John Sullivan '23		
1921	220y	22.6	Jake Driscoll '22		
1921	440y	49.2	Jake Driscoll '22		

1921	Long Jump	21' 7"	William Nolan '21		
1922	440y	51.2	Jake Driscoll '22		
1922	880y	02:00.2	Arthur Kirkley '22		
1922	Shot Put	42'5"	Edgar Bell '22		
1923	220y Hurdles	25.8	John Sullivan '23		
1923	440y	49.1	Herb McKenley (transferred to Illinois)		
1923	100y	??	Tom Greehan		
1924	Cross Country		George Lermond '25		
1924	High Jump		Clarence Flahive		
1924	110 High Hurdles	15.6	Robert Merrick '24		
1924	Mile	04:24.6	Tom Cavanaugh '24		
1924	2 Mile	09:55.0	George Lermond '25		
1924	High Jump	5'11"	Chris "Clarence" Flahive '24		
1925	110 High Hurdles	15.2	John Murphy '25		
1925	220 Yard Low Hurdles		F. Riha		
1925	2 Mile	09:33.0	George Lermond '25		
1925	Hammer Throw	146'3"	Arthur McManus		
1926	100y	10.2	Fred Husey '27		
1926	220y		Fred Husey '27		
1926	880y		John McCloskey '27		
1927	100y	10	Fred Husey '27		
1927	220y	22	Fred Husey '27		
1927	880y	01:55.0	John McCloskey '27		
1930	Shot Put	46'3"	G. Wilczenski '30		
1932	Mile	04:23.0	Brian Moynihan '32		
1932	880y	01:57.2	Robert Jordan '33		
1932	Discus		Philip Couhig '34		
1933	Discus	144'9"			
1933	220y	22	John McManus '34		
1933		880	01:55.2	Richard Jordan '33	
1934	100y	10	John McManus '34		
1934	220y	22.2	John McManus '34		
1936	440y	49	Bertram Gill '38		
1937		440	48	Bertram Gill '38	
1937	Shot Put	51'6"	Dimitri Zaitz '39		
1938	440y	48.8	Bertram Gill '38		
1938	880y	01:54.5	Bertram Gill '38		
1939	Shot Put	47'10"	Art Swenson '39		
1939	Long Jump	23'5"	Frank Zeimatz '40		
1940	440y	49.8	William O'Dowd '40		
1940	Discus	147'7"	Al Morro '41		
1941	Discus	148'6"	Al Morro '41		
1941	100y	10.1	George Walker '41		
1943	100y	9.9	Henry McKinley '44		
1942	220y	21.7	Henry McKinley '44		
1944	100y	10	Robert King '44		
1944	220y	21.6	Henry McKinley '44		
1944	440y	48.3	Henry McKinley '44		
1949	440y	49.4	I. Howe '50		
1950	440y	49.4	I. Howe '50		
1952	Discus	143'5"	Law '52		
1953	Hammer Throw	172' 3/8"	Harold Connolly '55		
1962	100y	9.9	Larry Flynn '63		
1962	100y	9.8	Larry Flynn '63		
1962	220y	21.1	Larry Flynn '63		
1962	Discus	150'5"	George Desnoyers '63		
1962	Hammer Throw	177'7"	George Desnoyers '63		
1963	Hammer Throw	194' 1"	George Desnoyers '63		
1963	440y	47.2	Larry Flynn '63		
1963	220y	21.5	Larry Flynn '63		
1963	Discus	152'6"	Dan Tannacito '63		
1964	100y	9.8	Lou Tessier '64		
1964	440y	48.4	Bob Gilvey '64		
1964	Long Jump	23'6"	Henry Keller '64		
1966	Discus	162'11"	Jim Kavanaugh '68		
1967	Shot Put	55'11"	Jim Kavanaugh '68		
1968	440 Relay	41.3	Johnson '70, Casey'68		
			Doherty '68, Jeffers '68		
1968	Discus	172'7"	Jim Kavanaugh '68		
1969	440 Relay	41.7	Murray '70, Johnson '70		
			Thomas '71, Ryan '71		
1969	#35 lb. Weight	56'10"	Harry Krause '70		
1970	440 Relay	42.3	Murray '70, Thomas '70		
			Gilligan '72, Johnson '70		
1970	440y	48	Mark Murray '70		
1970	110 High Hurdles	14.7	John Bykowski '73		
1970	4 x 440 Relay	03:17.0	Ryan '71, O'Brien '73,		
			McDonald '73, Murray '70		
1971	60y High Hurdles	7.4	John Bykowski '73		
1971	Mile	04:06.9	Charlie Diehl '73		
1971	100y	9.8	Don Schneider '73		
1971	3 Mile	14:07.0	Dick Mahoney '72		
1971	440 Relay	42.1	Thomas '71, Gilligan '72		
			Schneider '73, Burke '71		
1971	Long Jump	23'1"	Dan Burke '72		
1971	Steeplechase	09:17.5	Paul Bosco '71		
1972	4 x 880 Relay	07:46.0	Goggin '75, Desmond '75		

			Melly '74, McDonald '73		
1972	Mile	04:07.0	Jack McDonald '73		
1972	Steeplechase	09:03.6	Jim Zabel '72		
1972	Mile	04:09.8	Jack McDonald '73		
1972	4 x 440 Relay	03:19.8	Trovato '75, O'Brien		
			Charland '75, Francis '76		
1973	4 x 440 Relay	03:19.2	Francis '76, O'Brien '73		
			Trovato '75, Riordan '74		
1973	1000y	02:08.4	Keith Francis '76		
1973	Mile	04:11.6	Jack McDonald '73		
1973	880y	01:49.6	Keith Francis '76		
1974	4 x 880 Relay	07:39.2	Vercollone '77, Goggin '75		
			Becker '76, Francis '76		
1974	1000y	02:08.6	Keith Francis '76		
1974	Long Jump	23'7"	Dan Mahoney		
1974	4 x 440 Relay		Charland '74, Trovato '75		
			Fitzmaurice '76, Francis '76		
1974	4 x 440 Relay	03:15.7	Trovato '75, Charland '74		
			Collins '76, Francis '76		
1974	880	01:48.7	Keith Francis '76		
1975	100y	9.8	Phil Hazard '78		
1977	100y	9.6	Phil Hazard '78		
1977	4 x 110 Relay	41.4	Green '77, Watts '77		
			Curry '79, Hazard '78		
1978	100m	10.87	Phil Hazard '78		
1981	10,000m	30:59.3	Fernando Braz '85		
1983	4 x 800 Relays		Abeyta '85, Walter '84		
			Annese '84, Wavro '83		
1984	Cross Country		John Clopeck '86		
1984	Cross Country Team		Todd Renehan '85, Loyd Thayer '85, Dave Sullivan '85, Paul Plissey '87		
			John Clopeck '86, Fernando Braz '85, Joe Rocha '88		
1984	Steeplechase	08:56.7			
1985	Shot Put	56'9"			
1986	10,000m	29:53.2	Joe Rocha '88		
1986	High Jump	7'0"	Ken Moody '89		
1986	Long Jump	25' 5 1/4"	Ray Hawkins '87		
1987	High Jump	6'10"	Jim Maniscalco '87		
1987	High Jump	6'10"	Ken Moody '89		
1987	Long Jump	23'5"	Ray Hawkins '87		
1987	Long Jump	24'0"	Rob Davis '88		
1987	100m	10.7	Rob Davis '88		
1987	High Jump	6'11"	Ken Moody '89		
1991?	5000 Meters	14:33.64	Mike Pieroni '91?		
1999	3000m Steeplechase	09:04.2	Derek Holland '00		
2000	5000 Meters	14:45.4	Marshal Armitage		
Men's Greater Boston Champions					
YEAR	EVENT	PERFORMANCE	NAME		
1960	60 Yards	5.7	Jack Falla '60		
1960	600 Yards	01:15.5	Quinn '60		
1960	1000 Yards	02:20.3	Jim Duff '60		
1960	4 x 440 Relay	03:39.2			
1960	Mile	04:27.4	Bob O'Leary '60		
1960	2 Mile	10:02.8	Bob O'Leary '60		
1961	45 Yards	5.2	Larry Flynn '61		
1962	Mile	04:17.6	Larry Rawson '63		
1963	1000 Yards	02:17.5	Jim Owens '63		
1963	4 x 440 Relay	03:34.5	Rinella, Flynn '61, Owens, Gilvey '65		
1963	Mile	04:47.5	Larry Rawson '63		
1963	Pole Vault	12'6"	Carl Neilson '63		
1964	600 Yards	01:14.3	Bob Gilvey '65		
1965	600 Yards	01:13.2	Bob Gilvey '65		
1965	Mile	04:16.4	Bill Norris '65		
1969	60 Yards	6.6	Mike Johnson '69		
1969	Long Jump	23'5"	Dan Burke '71		
1969	60 Yard Hurdles	7.7	Bob Erwin		
1970	60 Yard	6.3	Mike Johnson '69		
1971	60 Yards	6.3	Don Schneider '73		
1971	60 Yard Hurdles	7.4	John Bykowski '73		
1972	Mile	04:07.8	Jack McDonald '73		
1974	4 x 440 Relay	03:24.4	McCrorry '76, Vercollone '77, Riordan '74, Torvato '75		
1974	Mile	04:07.4	Keith Francis '76		
1974	Shot Put	53'10 1/2"	Joe Dray '77		
1974	4 x 880 Relay	07:48.6	McIntyre, Vercollone, Lowell, Goggin		
1974	880 Yards	01:53.4	Keith Francis '76		
1974	Long Jump	22'11"	Dan Mahoney		
1975	60 Yards	5.5	Phil Hazard '76		
1975	50 Yards	5.5	Neil Geen '78		
1975	1000 Yards	02:11.2	Jim Goggin '75		
1975	4 x 440 Relay	03:22.4	Collins '76, Trovato '75, Charland '74, Francis '76		
1975	4 x 880 Relay	07:43.2	Vercollone '77, Becker '76, Lowell '77, Goggin '75		
1976	880 Yards	01:52.5	Keith Francis '76		
1976	100 Yards	10	Phil Hazard '76		
1976	50 Yards	5.5	Neil Green '78		
1976	50 Yards	5.5	Phil Hazard '76		
1976	Mile	04:06.4	Bill Martin		
1976	4 x 440 Relay	03:16.4	Vercollone '77, Martin, Scales, Francis '76		

1977	120 Yard Hurdles	14.5	Bryon Hemingway '78		
1977	3000m Steeplechase	09:01.0	Dick Hayden '78		
1977	220 Yards	21	Phil Hazard '76		
1977	Discus	172'3"	Mike Woicik '78		
1979	880 Yards	01:53.2	Mie Mullen '81		
1979	High Jump	6'9"	Ignatius MacLellan '81		
1981	100 Meters	10.9	Doug Alston		
1981	3000m Steeplechase	09:13.4	Dwight Lancaster '81		
1981	10,000 Meters	30:40.5	Carl Anderson '81		
1981	High Jump	7'1"	Rob Lanney '81		
1982	4 x 880 Relay	07:42.7	Jamieson '83, Annese '84, Corcoran '83, Muscato '85		
1983	3000m Steeplechase	09:09.6	Todd Renehan '85		
1983	400 Meter Hurdles	52.5	Fred Kirk '83		
1983	Long Jump	24' 1 3/4"	Chris Nance '83		
1983	Triple Jump	49' 6 1/2"	Adrian Munoz-Bennett '83		
1984	Cross Country		Joe Rocha '88		
1984	Pentathlon	3613	Craig Coffey '85		
1984	4 x 880 Relay	07:54.5	Abeyta '85, Walter '84, Holodak '86 Muscato '85		
1985	Shot Put	57' 11 3/4"	Jim Browne '86		
1985	Discus	157'0"	Jim Browne '86		
1985	35 lb. Weight Throw	64' 2 1/2"	Jim Kenny '86		
1985	Pentathlon	3661	Craig Coffey '85		
1985	4 x 440 Relay	03:16.9	Davis '88, Hawkins '87, Drakes '85, Coffey '85		
1986	Cross Country		Joe Rocha '88		
1986	35 lb. Weight Throw	63'00"	Jim Kenny '86		
1986	60 Yards	6.52	Rob Davis '88		
1986	Triple Jump	50'5"	Ray Hawkins '88		
1987	Triple Jump	51' 00"	Ray Hawkins '88		
1987	Long Jump	25'4"	Ray Hawkins '88		
1987	High Jump	6'8 1/2"	Ken Moody '89		
1987	Distance Medley Relay	10:09.2	Blanchet '87, Vento '89, Pieroni '89, Rocha '88		
1987	100 Meters	10.9	Rob Davis '88		
1987	Long Jump	23'6"	Rob Davis '88		
1987	10,000 Meters	31:21.9	David Brode '88		
1987	Cross Country		Joe Rocha '88		
1987	High Jump	6'10"	Ken Moody '89		
1987	Triple Jump	48' 1 1/4"	Ken Moody '89		
Men's Cross Country Champions - Individual					
1924	New England's		George Lermond '24		
1984	Greater Boston's		Joe Rocha '88		
1984	New England's		John Clopeck '86		
1985	Greater Boston's		John Clopeck '86		
1985	Big East		John Clopeck '86		
1986	National Catholic		Joe Rocha '88		
1986	Greater Boston's		Joe Rocha '88		
1987	Greater Boston's		Joe Rocha '88		
1987	Big East		Joe Rocha '88		
Men's Track & Field and Cross Country Team Champions					
Year	Meet	Sport	Head Coach		
1922	New England's	Track & Field	Jack Ryder		
1924	New England's	Track & Field	Jack Ryder		
1925	New England's	Track & Field	Jack Ryder		
1932	New England's	Track & Field	Jack Ryder		
1933	New England's	Track & Field	Jack Ryder		
1960	Greater Boston's	Track & Field	Bill Gilligan		
1962	New England's	Track & Field	Bill Gilligan		
1963	Greater Boston's	Track & Field	Bill Gilligan		
1966	New England's	Track & Field	Bill Gilligan		
1970	New England's	Track & Field	Bill Gilligan		
1971	New England's	Track & Field	Bill Gilligan		
1984	Greater Boston's	Cross Country	Jack McDonald		
1984	New England's	Cross Country	Jack McDonald		
1987	New England's	Track & Field	Jack McDonald		
1987	Greater Boston's	Cross Country	Randy Thomas		
Women's Cross Country NCAA Qualifiers (Team & Individuals)					
1979	Individual (AIAW)	43rd	Cindy Flick		43rd
1980	Cross Country Team (AIAW)	6th	Nancy Small '84, Cheryl Panzrella, Cindy Flick		6th
			Chris Kennedy, Mary Cobb, Gabi Lessard, Patti O'Hagan		
1981	Cross Country Team (AIAW)	9th	Nancy Small '84, Cheryl Panzrella, Cindy Flick		9th
1984	Cross Country Team	16th	Hallett '86, Fallon '86, Connors '87, Peterson '85		
			Willis '85, Weekes '88, Doucette '87		16th
1985	Cross Country Team	12th	Hallett '86, Fallon '86, Connors '87, Weekes '88		
			Braz '89, Doucette '87		12th
1990	Individual		Jennifer Rolfe		
1991	Cross Country Team	19th	Grimshaw '92, Peterson '92, Connolly '94		19th
			Frame '92, Baldes '92, Marlowe '93, Dittami '94		
1994	Cross Country Team	21st	Lyman '97, Pimblett '97, Lake '98, Spaulding '96		21st
			Baldelli '98, Supier '95		
1995	Cross Country Team	21st	Pimblett '97, Graham '99, Lyman '97, Pothier '96		21st
			Baldelli '98, Dwyer '99, Lake '98		
1996	Cross Country Team	12th	Barbour '00, Graham '99, Smith '00, Shepherd '00		12th
			Lyman '97, Gayman '98, Lake '98		
1997	Cross Country Team	9th	Graham '99, Smith '00, Baldelli '98, Barbour '00		9th
			Rice '98, Lake '98, White '98		

1998	Individual	17:39	Angie Graham	34th
1998	Individual	18:02	Katie Ryan	72nd
1999	Cross Country Team	28th	Smith '00, Portley '02, C. Guiney '03, McIsaac '01	28th
			M. Guiney '03, Barbour '00, Andrade '03	
2000	Cross Country Team	4th	M. Guiney '03, Ryan '02, C. Guiney '03, Kramer '04	4th
			Spolidoro '04, Van Tiyi '02, Smith '04	
2001	Cross Country Team	6th	M. Guiney '03, Cicero '04, Ryan '02, Spolidori '03	6th
			Kramer '04, Donovan '04	
2002	Individual		Marie Cicero	18th
2003	Individual		Jennifer Kramer	34th
2004	Individual		Marie Cicero	15th
2005	Cross Country Team	18th	Champa, Tufts, Lister, Chabot	18th
			Driscoll, Flinn, Kubela	
2006	Cross Country Team	30th	Champa, Tufts, Lister, Chabot	
			Driscoll, Flinn, Kubela	
2007	Cross Country Team		Chabot, Lister, Champa, Driscoll, Heyde	30th
2008	Cross Country Team	27th	Lister, Chabot, Champa, Driscoll,	27th
			C. King '12, Johnston, Heitkamp	
2009	Cross Country Team	21:30.2	Jillian King '13	129th
2010	Cross Country Team	19th	C. King '12, Krause, J. King '13, O'Brien,	19th
			Wallace, Hynes, Stasiuk	
2011	Cross Country Team	12th	J. King '13, Westphal, Krause, Dahlberh	12th
			O'Brien, Stasiuk, Kenny	
2012	Cross Country Team	19th	Caroline King	30th
2013	Cross Country Team		Liv Westphal	17th
2014	Cross Country Team		Liv Westphal	30th
2016	Cross Country Team		Isabelle Kennedy '20	172nd
2019	Cross Country Team	20th	Kennedy '20, White '21, Oeser '22, Sweeney '21,	20th
			Flynn '23, Duca '20, Delanis '20	
2023	Cross Country Team	26th	E. Tavella '24, R. Singh '25, L. Flynn '25, N. Millerova '27,	26th
			L. Flynn '24, M. Hudson '25, S. Flynn '24, E. Fadil '27	
2024	Cross Country Team	29th	Abby Lewis '27, Aoife Dunne '25, Abby Loveys '25, Molly Hudson '25, Roshni Singh '25,	
			Lily Flynn '24, Yasmine Abbes '25	
2025	Cross Country Team		Elizabeth Barlow GR '26, Iris Bergman Gr '26, Ella Fadil '27, Molly FitzPatrick 'GR '26,	
			Imogen Gardiner '26, Gabrielle Hamel '29, Kyra Holland 'GR '26, Abby Lewis '27	

Women's Cross Country NCAA All Americans

1997	Angie Graham			
1997	Shannon Smith '00			
1998	Angie Graham			
1999	Shannon Smith '00			
2000	Cate Guiney '03			
2000	Maggie Guiney '03			
2000	Katie Ryan			
2001	Marie Cicero			
2001	Maggie Guiney '03			
2002	Marie Cicero			
2003	Jennifer Kramer			
2004	Marie Cicero			
2005	Laurel Bordick			
2006	Mallory Champa			
2010	Caroline King			

Women's Cross Country NCAA All Northeast Region

1999	Meg Guiney '03	13th		
2000	Meg Guiney '03	1st		
2001	Meg Guiney '03	1st		
2002	Marie Cicero	2nd		
2002	Julie Spolidoro	10th		
2002	Jennifer Donovan	12th		
2002	Jennifer Kramer	19th		
2003	Jennifer Kramer	7th		
2003	Jennifer Donovan	10th		
2003	Laurel Bordick	19th		
2005	Marie Cicero	9th		
2005	Laurel Bordick	10th		
2005	Mallory Champa	13th		
2006	Mallory Champa	7th		
2006	Nichole Lister	15th		
2006	Kristen Coon	17th		
2006	Jessica Flinn	19th		
2006	Brielle Chabot	24th		
2007	Nichole Lister	9th		
2007	Brielle Chabot	15th		
2007	Jessica Driscoll	24th		
2008	Mallory Champa	3rd		
2008	Nichole Lister	9th		
2008	Jessica Driscoll	21st		
2009	Jillian King '13	7th		
2010	Caroline King '12	7th		
2010	Jillian King '13	12th		
2010	Hope Krause	16th		
2011	Jillian King '13	10th		
2011	Liv Westphal	19th		
2023	Lily Flynn '25	21st		

2023	Roshni Singh '25	17th			
2023	Emma Tavella '27	8th			
2024	Aoife Dunn '25	20th			
2024	Abbey Lewis '27	21st			
Women's Cross Country NCAA Northeast Regional Team Finishes					
2019	133 points	3rd			
2011	127 Points	2nd			
2010	92 points	4th			
2009	184 points	7th			
2008	95 points	3rd			
2007	132 points	3rd			
2006	82 points	1st			
2005	87 points	1st			
2004					
2003	139 points	5th			
2002	100 points	3rd			
2001		1st			
2000		1st			
2023	109 Points	2nd			
2024	131 Points	3rd			
2025	60 Points	1st			
Women's Cross Country NCAA Northeast Regional Lead Finisher (Individual)					
2019	Isabelle Kennedy '20	13th	19:49.8		
2011	Jillian King '13	10th	21:04.0		
2010	Caroline King '12	7th	20:17.6		
2009	Jillian King '13	7th	22:27.0		
2008	Mallory Champs	3rd	21:23.3		
2007	Nichole Lister	9th	20:57.9		
2006	Mallory Champs	7th	21:45.8		
2005	Maria Cicero	9th	21:00.5		
2004	Maria Cicero	8th	20:56.5		
2003	Jennifer Kramer	7th	21:17.0		
2002	Maria Cicero	2nd	20:48.0		
2001	Meg Guiney '03	1st	20:29		
2000	Meg Guiney '03	1st	20:26		
1999	Meg Guiney '03	13th	17:47		
2023	Emma Tavella '27	8th	20:02.4		
2024	Aoife Dunn '25	20th	20:26.55		
2025	Imogen Gardiner '26	2nd	19:53.8		
Women's Cross Country All Atlantic Coast Conference (ACC)					
2019	Isabelle Kennedy '20	11th	21:09.6		
2005	Laurel Burdick	8th			
2006	Mallory Champa	12th			
2007	Mallory Champa	8th			
2007	Brielle Chabot	9th			
2008	Mallory Champa	12th			
2008	Nichole Lister	14th			
2009	Jillian King '13	11th			
2010	Jillian King '13	6th			
2010	Caroline King '12	7th			
2011	Jillian King '13	7th			
Women's Cross Country - Atlantic Coast Conference (ACC) - Team Finishes					
2025	207 Points	7th			
2024	185 Points	6th			
2019	159 Points	7th			
2011	79 Points	2nd			
2010	100 points	4th			
2009	144 points	6th			
2008	106 points	2nd			
2007	106 points	3rd			
2006	150 points	7th			
2005	106 points	4th			
Women's Cross Country - Atlantic Coast Conference (ACC) - Top Individual Finishers					
2025	Imogen Gardiner '26	35th	20:17.2		
2024	Abbey Loveys '25	20th	20:08.8		
2019	Isabelle Kennedy '20	11th	21:09.6		
2011	Jillian King '13	7th	20:37.0		
2010	Jillian King '13	6th	20:30.4		
2009	Jillian King '13	11th	20:35.6		
2008	Mallory Champa	12th	21:13.4		
2007	Mallory Champa	8th	21:22.0		
2006	Mallory Champa	12th	21:37.7		
2005	Laurel Burdick	8th	19:40.0		
Women's Cross Country - All Big East					
1999	Meg Guiney '03	13th	18:00		
2000	Meg Guiney '03	2nd	17:03		
2001	Meg Guiney '03	3rd	20:33		
2002	Marie Cicero	7th	20:42.0		
2002	Julie Spolidoro	10th	20:53.0		
2003	Jennifer Kramer	4th	20:48.0		
2003	Jennifer Kramer	13th	21:27.0		

2004	Marie Cicero	9th	20:36.0		
2004	Laurel Burdick	14th	21:08.0		
Women's Cross Country Champions					
Year	Event	Performance	Name		
1981	EIAIW Division III		Nancy Small '84		
1982	Greater Boston's		Michele Hallett '86		
1982	Big East		Michele Hallett '86		
1985	Greater Boston's		Michele Hallett '86		
1985	Big East		Michele Hallett '86		
1997	ECAC	16:53	Angie Graham		
1999	ECAC	17:25	Shannon Smith '00		
2000	Iona Meet of Champions	20:40 (6k)	Maggie Guiney '03		
2000	Northeast Regional	20:26 (6k)	Maggie Guiney '03		
2001	Big East	29:04.0 (6k)	Cate Guiney '03		
2001	Northeast Regional	20:29 (6k)	Maggie Guiney '03		
2002	ECAC	17:07	Maria Cicero		
2002	USA Winter Championships	21:05	Maria Cicero		
2014	ACC Cross Country		Liv Westphal		
			Liv Westphal		
Women's Cross Country - Coaching Honors					
2000	Randy Thomas and Kathy Fleming	Big East Coach of the Year			
2001	Randy Thomas	National Coach of the Year			
2005	Randy Thomas	NCAA Northeast Region Coach of the Year			
2006	Randy Thomas	NCAA Northeast Region Coach of the Year			
2023	Pete Watson	NCAA Northeast Region Coach of the Year			
Women's Track & Field NCAA Champions					
2001i	3000 Meters		Shannon Smith '00		
Women's Penn Relays Champions					
2011	College Women 4 x 1500	17:25.2	Caitlin Bailey, Jillian King, Siobhan Breagy, Caroline King	1st	
Women's NCAA Qualifiers Track & Field					
Year	Event	Performance	Name	Place	
1982	3,000 Meters (AIAW)		Kathleen Daley '84		All American
1982	10,000 Meters (AIAW)		Nancy Small '84		All American
1984i	400 Meters	54.55	Janice Reid '87	9th	
1985i	500 Meters	01:13.6	Janice Reid '87	12th	
1986	10,000 Meters	34:08.4	Michele Hallett '86	14th	
1990	800 Meters	02:07.0	Gail Harris	8th	All American
1994	200 Meters	24.14	Tiffany Young '92	9th	All American
1995i	Mile	04:46.1	Angie Graham '98	5th	All American
1995	1500		Angie Graham '98		All American
1995	100 Meter Hurdles		Andrea Melton		All American
1995i	Distance Medley Relay	11:29.1	Brady, Graham '98, Lyman, Pimblett	8th	All American
1995	3000 Meters (ndoor or Outdoor)	10:09.6	Amy Lyman	15th	
1996i	Mile	04:41.9	Angie Graham '98	9th	
1996i	Mile	04:51.4	Amy Lyman	14th	
1996i	Mile	04:56.8	Jodie Lake	18th	
1996i	Distance Medley Relay	11:43.3	Lake, Melton, Lyman, Graham	9th	
1996	1500 Meters	04:30.8	Angie Graham '98	15th	All American
1997i	Mile	04:41.9	Angie Graham '98	4th	All American
1997	3,000 Meters	09:27.4	Angie Graham '98	5th	All American
1998i	Mile	04:42.5	Angie Graham '98	2nd	All American
1998	1500 Meters	04:18.3	Angie Graham '98	7th	
1998	3000 Meters (ndoor or Outdoor)	09:32.5	Shannon Smith '00	11th	
2000	3,000 Meters	09:27.2	Shannon Smith '00	6th	All American
2000	3,000 Meters	10:00.8	Katie Ryan		
2001i	5,000 Meters	16:46.4	Maggie Guiney '03	13th	
2001i	3,000 Meters	09:11.3	Shannon Smith '00	Champion	
2001i	Distance Medley Relay	11:32.0	Ryan, Vendetti, L. Smith, S. Smith	9th	All American
2001	1500 Meters	04:26.4	Shannon Smith '00	16th	All American
2001	3,000 Meters	09:29.1	Katie Ryan	11th	All American
2002i	5,000 Meters	16:42.7	Maria Cicero	12th	All American
2002	10,000 Meters	24:52.8	Maria Cicero	5th	All American
2003i	3,000 Meters		Julie Spildoro		All American
2003	3,000 Meter Steeplechase		Jennifer Donovan		All American
2004i	5,000 Meters	16:40.3	Jennifer Kramer	7th	All American
2004i	steeple chase???				
2006	Heptathlon	5077	Kasey Hill '07	21st	
2007i	Pentathlon	4073	Tiana Riel '08	8th	All American
2008i	Pentathlon		Tiana Riel '08	11th	All American
2008	Heptathlon	5666	Tiana Riel '08	7th	All American
2008	Heptathlon	5333	Tiana Riel '08	19th	
2010i	Distance Medley Relay	11:23.8	Jillian King, Anna Cioffredi, Caitlin Bailey, Caroline King	11th	All American
2011i	Mile	04:36.0	Caroline King	7th	
2011	800 Meters	02:06.4	Caroline King	14th	All American
2020i	5,000 Meters	16:03.1	Emeline Delanis '20		
2023i	800 Meters	02:05.23	Kate Mitchell '23	11th	
2023	800 Meters	02:01.73	Kate Mitchell '23	9th	All American
2023	400 Meter Hurdles	58.41	Kyla Krawczyk		
2023	3,000 Meter Steeplechase	10:20.71	Sarah Flynn		
2023	5,000 Meters	16:12.90	Paige Carter		
2024i	Distance Medley Relay	10:50.00	Aoife Dunne '27, Molly Hudson '25, Natalie Millerova '27, Sydney Segalla '25	9th	NCAA Finals (Boston)
2024	1500 Meters	04:16.01	Marie Bilio '27		NCAA Regionals (Kentucky)

2024	1500 Meters	04:16.32	Aoife Dunne '25		NCAA Regionals (Kentucky)
2024	1500 Meters	04:20.59	Sarah Flynn '24		NCAA Regionals (Kentucky)
2024	1500 Meters	04:16.92	Molly Hudson '25		NCAA Regionals (Kentucky)
2024	3,000 Meter Steeplechase	09:53.51	Emma Tavella '24		NCAA Regionals (Kentucky)
2024	3,000 Meter Steeplechase	09:55.89	Emma Tavella '24 All-American		NCAA Final (All American)
2025	1500m	04:12.99	Aoife Dunne		NCAA Regionals (Florida)
2025	1500m	04:13.75	Molly Hudson '25		NCAA Regionals (Florida)
2025	1500m	04:25.06	Sarah Flynn '26		NCAA Regionals (Florida)
2025	400m Hurdles	58.67	Aliyah Canty '28		NCAA Regionals (Florida)
2025	10,000 Meters	33:35.52	Roshni Singh		NCAA Regionals (Florida)
2025	5,000 Meters	16:00.12	Ella Fadil		NCAA Regionals (Florida)
2026i	400 Meters	51.40	Sydney Segalla '26	9th	All American
2026i	Distance Medley Relay	10:54.09	Bergman '26, Segalla '28, Gardiner '27, Holland '26	11th	All American
2026	400 Meters	50.66	Sydney Segalla '26		NCAA Regionals (Kentucky)
2026	4 x 400 Relay	03:33.94	Sydney Segalla '26, Anna Sonsini '27, Gina Certo '29, Anna Becker '27		NCAA Regionals (Kentucky)
2026	1500m	04:10.61	Imigen Gardiner		NCAA Regionals (Kentucky)
Women's ACC Champions					
2008i	Pentathlon	3895	Tiana		
2008	Heptathlon	5521	Kasey Hill '07		
2009i	800 Meters	02:08.0	Caitlin Bailey		
2010i	800 Meters		Caitlin Bailey		
2010i	3,000 Meters		Mallory Champa		
2011i	800 Meters	02:06.7	Caroline King		
2011	800 Meters	02:04.9	Caroline King		
2023i	800 Meters	02:03.0	Kate Mitchell '23		
2023	800 Meters	02:01.7	Kate Mitchell '23		
2026	5,000 Meters	15:43.73	Imogen Gardiner '27		
2026i	400 Meters	51.40	Sydney Segalla '26		
2026	400 Meters	50.63	Sydney Segalla '26		
Women's All - ACC					
2006	Heptathlon	5423	Kasey Hill '07		All - ACC
2007i	800 Meters	02:06.7	Caitlin Bailey	2nd	All - ACC
2007	800 Meters	02:07.8	Caitlin Bailey	2nd	All - ACC
2007i	Heptathlon	5200	Tiana Riel '08	5200	All - ACC
2008i	Pentathlon	3895	Kasey Hill '07	Champion	All - ACC
2008i	Pentathlon	3849	Tiana Riel '08	2nd	All - ACC
2008i	800 Meters	03:13.6	Caitlin Bailey	3rd	All - ACC
2008	800 Meters	02:05.4	Caitlin Bailey	3rd	All - ACC
2008	Heptathlon	5521	Kasey Hill '07	Champion	All - ACC
2008	Heptathlon	5279	Tiana Riel '08		All - ACC
2009i	800 Meters	02:08.0	Caitlin Bailey	Champion	All - ACC
2010i	800 Meters		Caitlin Bailey	Champion	All - ACC
2010i	3,000 Meters		Mallory Champa	Champion	All - ACC
2010	800 Meters	02:06.8	Caitlin Bailey	3rd	All - ACC
2010	Discus	161' 5"	Kelsey Huckins	2nd	All - ACC
2011i	800 Meters	02:06.7	Caroline King	Champion	All - ACC
2023i	800 Meters	02:03.0	Kate Mitchell '23		
2023	800 Meters	02:01.7	Kate Mitchell '23		
2025	4 x 100 Relay	03:36.3	Anna Becker, Kylee Bernard, Aliyah Canty, Anna Sonsini	8th	All - ACC
2025	400m Hurdles	58.67	Aliyah Canty '28	7th	All - ACC
2026i	5,000 Meters	15:43.73	Imogen Gardiner '27	1st	All - ACC
2026i	400 Meters	51.40	Sydney Segalla '26	1st	All - ACC
2026i	Distance Medley Relay	10:54.09	Hollins '28, Sonsini '27, Bergman '26, Holland '26	3rd	All - ACC
2026i	4 x 400 Relay	03:32.49	Sydney Segalla '26, Kylee Benard '27, Kyla Krawczyk '25, Kyla Palmer '27	3rd	All - ACC
2026	1500 Meters	04:14.82	Imogen Gardiner '27	4th	All - ACC
2026	400 Meters	50.63	Sydney Segalla '26	1st	All - ACC
2026	4 x 400 Relay	03:36.75	Sydney Segalla '26, Anna Becker '27, Anna Sonsini '27, Gina Certo '29	4th	All - ACC
Women's Big East Champions					
Year	Event	Performance	Name		
1985	10,000 Meters	35:51.0	Michele Hallett '86		
1985i	4 x 400 Relay	03:53.0	Reid '87, Madaus '86, Luken '88, Freeman '86		
1986i	5000 Meters	17:08.6	Virginia Connors '87		
1986i	3000 Meters	09:47.8	Michele Hallett '86		
1990	800 Meters	02:06.7	Gail Harris		
1991i	Candace Nichols	5' 8 1/2"	Candace Nichols		
2001i	Shannon Smith '00	04:48.5	Mile		
2001i	Shannon Smith '00	09:29.4	3,000 Meters		
2001i	4 x 800 Relays	09:17.0	L. Smith, Vendetti, Kramer, Donovan		
2001i	Distance Medley Relay	11:32.2	L. Smith, Vendetti, Ryan, S. Smith '00		
2003	3000m Steeplechase		Jennifer Donovan '04		
2004	3000m Steeplechase	10:27.8	Jennifer Donovan '04		
Women's ECAC Champions					
Year	Event	Performance	Name		
1990i	800 Meters	02:05.4	Gail Harris		
1996i	Distance Medley Relay	11:11.6	Lake, Melton, Lyman, Graham		
1997i	Mile		Amy Lyman		
2000i	3,000 Meters	09:31.5	Shannon Smith '00		
2001i	Distance Medley Relay	11:17.0	S. Smith '00, J. Vendetti, L. Smith, M. Guiney '03		
2008	Heptathlon	5558	Kasey Hill '07		
2009	800 Meters		Caitlin Bailey		

2010	800 Meters		Caitlin Bailey		
2011	800 Meters		Caitlin Bailey		
2020i	1000 Meters	02:46.6	Paige Duca '19		
2020i	3200 Meter (4 x 800) Relay	08:58.3	Lewin '23, Harmon '22, Mitchell '22, Duca '19		

Women's New England Track & Field Champions

Year	Event	Performance	Name		
1982	Heptathlon	4457	Jane Haubrich '85		
1982i	Pentathlon	3319	Lianne Supple '85		
1983i	3000 Meters	09:42.3	Michele Hallett '86		
1983i	55 Meters	7.15	Leslie Freeman '86		
1983i	200 Meters	25.51	Leslie Freeman '86		
1984i	4 x 200 Relay	01:43.5	Reid '87, Connolly '84, Freeman '86, Lucey '85		
1984i	600 Yards	01:23.1	Janice Reid '87		
1984i	Pentathlon	3592	Sue Goode '85		
1985i	600 Yards	01:22.5	Janice Reid '87		
1986i	5000 Meters	17:19.2	Virginia Connors '87		
1987i	1000 Yards	02:35.2	Therese Doucette '87		
1986i	4 x 200 Relay	01:44.1	Reid '87, Volpe '88, Luken '88, Freeman '86		
1987i	4 x 200 Relay	01:41.9	Reid '87, Volpe '88, Luken '88, Kent '86		
1987i	55 Meters	7.2	Beverly Luken '88		
1987i	1000 Yards	02:33.5	Therese Doucette '87		
1987i	3000 Meters	09:54.8	Virginia Connors '87		
1989	800 Meters	02:14.0	Chris D'Allesandro		
1989	1000 Yards	02:37.0	Heather Grimshaw		
1990	3000 Meters		Jennifer Rolfe		
1991	3000 Meters		Jennifer Rolfe		
1992i	3000 Meters	09:42.4	Jennifer Rolfe		
1992	3000 Meters	09:36.8	Jennifer Rolfe		
1992	200 Meters	23.97	Tiffany Young '92		
1993i	500 Meters	01:16.5	Maria Depina		
1994i	55 Meter Hurdles	8.32	Andrea Melton		
1994i	200 Meters	24.66	Tiffany Young '92		
1994i	4 x 400 Relay	03:53.4	Blair '96, Benestad '97, Brady '96, Young '94		
1994i	500 Meters	01:16.6	Tiffany Young '92		
1994i	1000 Meters	02:54.3	Diane Connolly		
1994i	Distance Medley Relay	12:27.7	Mulligan '96, Gorsk '97i, Dittami '94, Quedenfeld '95		
1994	100 Meter Hurdles	14.9	Andrea Melton		
1994	4 x 400 Relay	03:53.1	Blair '96, Pimblett, Benested '97, Young '92		
1994	4 x 800 Relay	09:24.8	Quedenfeld, Lyman, Supler, Thibault		
1995i	1000 Meters	02:48.9	Angie Graham '98		
1995i	3000 Meters	09:54.3	Amy Lyman		
1995i	Distance Medley Relay	12:06.7	Graham, Pimblett, Brady, Lyman		
1995i	100 Meter Hurdles	14.23	Andrea Melton		
1995i	3000 Meters	09:44.5	Caroline Pimblett		
1995	100 Meter Hurdles	14.23	Andrea Melton		
1995	3000 Meters	09:44.5	Caroline Pimblett		
1999i	3000 Meters	10:00.3	Shannon Smith '00		
2000i	400 Meters	57.24	Jennifer Vendetti		
2000i	Mile	04:55.8	Shannon Smith '00		
2000i	3000 Meters	09:44.0	Cate Guiney '03		
2000	5,000 Meters	17:05.0	Cate Guiney '03		
2000	1500 Meters	04:25.5	Shannon Smith '00		
2000	400 Meters	55.32	Jennifer Vendetti		
2000	4 x 800 Relay	09:00.2			
2005	Heptathlon	00:00.0	Kasey Hill		
2003	Heptathlon	4361	Christina Regan		
2007	Heptathlon	5027	Tiana Riel		
2008	Heptathlon	5450	Tiana Riel		
2009	800 Meters		Caitlin Bailey		
2011	800 Meters	02:07.9	Jillian King		
2001i	3000 Meters	09:53.0	Danielle Jelley		

Women's Greater Boston Track & Field Champions

Year	Event	Performance	Name		
1980	1500	04:46.2	Cindy Flick McHugh '80		
1981	4 x 100 Relay	51.2	Albers, Lucey, Toole, Connolly '84		
1982	Cross Country	16:26.0	Michele Hallett '86		
1983	10,000 Meters	38:04.3	Jean Leary '86		
1983	4 x 100 Relay	47.5	Gibson, Freeman '86, Rice, Freeman????		
1983	100 Meters	11.9	Leslie Freeman '86		
1983	200 Meters	24.4	Leslie Freeman '86		
1983i	Long Jump	17'4"	Lisa Wilkins '86		
1983i	60 Yards	7.34	Leslie Freeman '86		
1983i	2 Mile	10:20.7	Michele Hallett '86		
1983i	220 Yards	25.88	Leslie Freeman '86		
1984i	High Jump	5'8"	Mary Beth Paul '86		
1984i	Pentathlon	3566	Sue Goode '85		
1984i	60 Yards	7.24	Leslie Freeman '86		
1984i	4 x 440 Relay	03:54.7	Reid '87, Lucey '85, Connolly '84, Freeman '86		
1984i	220 Yards	25.53	Leslie Freeman '86		
1984i	2 Mile	10:52.7	Mary Helen Peterson '85		
1984i	4 x 220 Relay	01:42.6	Reid '87, Lucey '85, Connolly '84, Freeman '86		
1985	400 Meters	56.6	Leslie Freeman '86		
1985	5000 Meters	16:55.2	Michele Hallett '86		
1985i	600 Yards	01:22.8	Janice Reid '87		
1985i	Triple Jump	35'9"	Lisa Wilkins '86		

1985i	Pentathlon	342	Sue Goode '85		
1985i	4 x 220 Relay	01:41.9	Reid '87, Volpe '88, Luken '88, Freeman '86		
1985i	440 Yards	56.63	Janice Reid '87		
1985i	600 Yards	01:27.0	Martha Madaus '86		
1985i	60 Yards	7.34	Leslie Freeman '86		
1985i	220 Yards	25.66	Leslie Freeman '86		
1985i	4 x 880 Relay	09:34.4	Doucette '87, Mooney '86, Peterson '85, Conigliaro '85		
1985i	4 x 440 Relay	03:54.7	Reid '87, Luken '88, Madaus '86, Freeman '86		
1986	4 x 100 Relay	48.89	Luken '88, Volpe '88, Reid '87, Freeman '86		
1986	400 Meters	56.3	Janice Reid '87		
1986	4 x 400 Relay	03:55.9	Reid '87, Doucette '87, Perkins '87, Freeman '86		
1986i	5000 Meters	16:24.2	Michele Hallett '86		
1986i	4 x 220 Relay	01:44.1	Reid '87, Volpe '88, Luken '88, Freeman '86		
1986i	440 Yards	58	Janice Reid '87		
1986i	Triple Jump	36'0"	Lisa Wilkins '86		
1986i	600 Yards	01:25.6	Peg Perkins '87		
1987i	5000 Meters	16:48.1	Alison Quelch '87		
1987i	4 x 220 Relay	01:43.7	Reid '87, Billo '87, Volpe '88, Luken '88		
1987i	4 x 880 Relay	09:24.2	Perkins '87, Braz '89, Weekes '88, Doucette '87		
1987	200 Meters	25	Beverly Luken '88		
1987	800 Meters	02:13.7	Therese Doucette '87		
1987	5000 Meters	17:35.5	Virginia Connors '87		
1987	4 x 100 Relay	49.2	Luken '88, Billo '87, Volpe '88, Kent '87		

Women's Cross Country Champions

Year	Event	Performance	Name		
1981	EIAIW Division III		Nancy Small '84		
1982	Greater Boston's		Michele Hallett '86		
1982	Big East		Michele Hallett '86		
1985	Greater Boston's		Michele Hallett '86		
1985	Big East		Michele Hallett '86		
1997	New England's	16:53	Angie Graham		
1997	ECAC	16:53	Angie Graham		
1999	New England's	17:25	Shannon Smith '00		
1999	ECAC	17:25	Shannon Smith '00		
2002	ECAC	17:07	Maria Cicero		
2001	Big East	29:04.0 (6k)	Cate Guiney '03		
2002	New England's	17:07	Maria Cicero '03		
2002	USA Winter Championships	21:05	Maria Cicero		

Women's Team Champions

Year	Sport	Conference	Head Coach		
1982	Cross Country	Big East	Judi St. Hilaire		
1982	Cross Country	New England's	Judi St. Hilaire		
1983	Cross Country	New England's	Dick Mahoney		
1983	Cross Country	Big East	Dick Mahoney		
1984	Track & Field	Greater Boston	Karen Keith		
1984	Track & Field	New England's	Karen Keith		
1984	Cross Country	New England's	Dick Mahoney		
1985	Track & Field	Greater Boston	Karen Keith		
1985	Cross Country	Greater Boston	Dick Mahoney		
1985	Cross Country	Big East	Dick Mahoney		
1985	Cross Country	New England's	Dick Mahoney		
1986	Cross Country	Greater Boston	Dick Mahoney		
1986	Cross Country	Big East	Dick Mahoney		
1986	Cross Country	New England's	Dick Mahoney		
1987i	Track & Field	Greater Boston	Karen Keith		
1987i	Track & Field	New England's	Karen Keith		
2000	Cross Country	Big East	Randy Thomas		
2002	Cross Country	New England's	Randy Thomas		
2005i	Track & Field	New England's	Randy Thomas		
2008	Cross Country	New England's	Randy Thomas		
2009	Cross Country	ECAC	Randy Thomas		
2010	Cross Country	New England's	Randy Thomas		
2010i	Track & Field	New England's	Randy Thomas		
2011	Cross Country	New England's	Randy Thomas		

Women at the Penn Relays

1995	3000 Meters	09:18.3	Angie Graham '97	1st	Champion
2003	3000 Meter Steeplechase	10:18.9	Jennifer Donovan	1st	Champion
2011	4 x 1500m Relay	17:25.2	Bailey '10, J. King '13, Breagy '11, C. King '12	1st	Champion
2011	Athlete of the Meet		Caroline King '12		
2011	College Women 4 x 1500	17:25.2	Jillian King '13, Caitlin Bailey '10, Caroline King '12, Siobhan Breagy '11	1st	

NCAA Woman of The Year

2000			Shannon Smith '00		
2002			Katie Ryan (Finalist)		