

Updated - April 11, 2026

Edits, Additions & Suggestions Welcome & ***Encouraged!***

Only Personal Bests Listed

Jack McDonald (BC '73)

mcdonald44@me.com

2025-26 Performances in Gold

**Women's Outdoor Track & Field
Records and Top Performances**

Rank	Time/Distance	Athlete ('Grad Year)	Meet
100 Meters			
1 (Record)	11.67	Anna Sonsini '27	at UCONN - 4-4-25
2	12.08	Tiffany Young	Boston - 1994
3	12.13	Ava Carter '28	at Raleigh Relays at NC State
4	12.14	Leslie Freeman	New England's - 1983
5	12.24	Molly O'Dea	Stanford - 3/29/13
6	12.24	Gladys Rice	1983
7	12.24	Beverly Luken	1983
8	12.26	Carly Daniel	Umass - 4/13/15
9	12.27	Sydney Segalla	MIT - 4-22-23
9	12.27	Julia Lyons	ACC
10	12.27	Ava Carter '28	at Northeastern - 5-3-25
	12.3	Lisa Wilkins '86	
	12.36	Nikki Pogue	2000
	12.38	Julia Lyons	Stonehill - 2017
	12.44	Casey Hsiung	Tufts - 4/2/11
	12.52	Anna Becker '27	at Tufts - 3-30-24
	12.55	Teyahnie Boone '07	at Northeastern 3/24/07
	12.65		Umass - 2015
	12.4	Michelle Volpe '88	
	12.70	Emma Kinney '23	at Bryant 4-2-22
	12.73	Charli Beekman '25	at Raleigh Relays at NC State
	12.75	Kayla Palmer '27	at Tufts - 3-30-24
	12.77	Sophia Schwartz '24	MIT - 4-22-23
	12.7	Jan Gibson '85	
	12.7	Laura Toole '84	
	13	Amanda Sutherland '83	
	13.2	Ava Johnson	
	13.24	Hannah Ceva '23	at Brown - 5-1-22
	13.3	Beth Boyle '81	
100 Meter Hurdles			
1 (Record)	13.61	Andrea Melton	ECAC - 1995
2	13.73	Kasey Hill	USA Olympic Trials - 6/27/08
3	14.23	Tiana Riel	
4	14.48	Katherine Sherman	
5	14.63	Kate Sullivan	
6	14.71	Kristen McDonagh '15	at Umass
7	14.74	Julia Barron	ACC - 2018
8	14.83	Anna Atkinson	ACC - 2017
9	14.84	Emma Taylor	ACC - 2017
10	14.96	Jessica Creedon	ACC - 2018
	15.00	Raquel MacDonald	UCONN - 4/15/13
	15.25	Sue Goode '85	
	15.30	Marielle Flinterman '93	
	15.3	Julie Billo '87	
	15.3	Mary Beth Paul '86	
	15.40	Morgan Halt	Raleigh Relays
	16	Lianne Supple '85	

	02:10.0	Clare Connelly '84	
	02:10.03	Lily Flynn '25	at ACC at Georgia Tech - 5-10-24
	02:10.11	Maureen Lewin '23	at Brown - 5-1-22
	02:11.49	Gabriella Bachiochi '25	ACC Championships - 5-13-22
	02:11.8	Theresa Doucette '87	
	02:12.0	Janice Reid '87	
	02:13.40	Yaroslava Yalysovetska '27	at Stanford - 4-5-25
	02:13.92	Kyla Palmer '27	at MIT - 4-19-25
	02:14.96	Gabriella Bachiochi '25	at Northeastern - 5-3-25
	02:15.47	Weronika Lewna	at Holy Cross
	02:16.07	Kasey Hill '08	Olympic Trials - Eugene - 6/28/08
	02:16.7	Carolyn Conigliaro '85	
	02:16.75	Ella Jackson '26	at Northeastern - 4/27/24
	02:17.11	Kyla Palmer '27	at Northeastern - 5-3-25
	02:18.0	Jennifer Weekes '88	
	02:18.24	Nicole Clermont '23	at Brown - 5-1-22
	02:19.5	Kathy Cronin '88	
	02:19.71	Caroline Fleming '24	at Providence - 4-11-24
	02:20.0	Julie Blanchet '84	
	02:20.7	Jacklyn Sullivan	Raleigh Relays
	02:22.81	Julia Wowkun '26	at Northeastern - 4/27/24
	02:23.1	Kayla Smith	at UMASS
	02:23.2	Cindy Flick McHigh '81	
	02:23.4	Amy Albers '82	
	02:23.57	Anna Harmon	Yellow Jacket Inv. at Georgia Tech 3/20/21
	02:25.3	Jane Haubrich '85	
	02:25.3	Mary Mooney '85	
	02:25.8	Regina Berg '85	
	02:27.3	Gabi Clapp '82	
	02:29.7	Nancy Norton '83	
	02:29.75	Emily Kane '22	at Providence - 2-8-22
		One Mile	
	04:59.22	Maureen Lewin '23	at Providence - 4-8-22
	05:23.24	Katherine Stanwood '23	at Providence - 4-8-22
	05:29.73	Caroline Fleming '24	at Providence - 4-8-22
		1500 Meters	
1 (Record)	04:12.99	Aoife Dunn '25	Penn Relays - 4-24-25
2	04:13.75	Molly Hudson '25	at NCAA Regionals in Kentucky - 5-2024
3	04:14.85	Katherine Mitchell '22	at Azusa Pacific - 4-14-23
4	04:15.70	Angie Graham	Mount Sac - 1997
5	04:16.01	Marie Bilo '27	at Virginia - 4/19/24
6	04:17.48	Caroline King	Stanford - 3/25/11
7	04:18.00	Paige Duca '19	Stanford - 3/30/18
8	04:18.90	Natalie Millerova '27	at Northeastern - 5-3-25
9	04:19.70	Jillian King	Stanford - 4/6/12
10	04:20.59	Sarah Flynn '26	at Virginia - 4/28/24
	04:21.10	Shannon Smith	2000
	04:21.50	Caitlin Bailey	New England's - 5/8/10
	04:20.59	Sarah Flynn '24	at Virginia - 4/28/24
	04:22.09	Lily Flynn '25	at Virginia - 4/28/24
	04:22.16	Lauren White '21	at Raleigh Relays - NC State - 4-26-22
	04:22.46	Yasmine Abbes	at Stanford - 4-4-25
	04:22.50	Madeleine Davidson	Bentley - 6/6/15
	04:22.50	Kathy O'Keefe	ACC - 5/14/15
	04:22.75	Lauren White '21	Raleigh Relays
	04:22.99	Anna Oeser	at UMASS
	04:23.60	Jennifer Kramer	2003
	04:23.95	Abby Loveys '26	Penn Relays - 4-24-25
	04:24.15	Abby Lewis '28	Penn Relays - 4-24-25
	04:24.50	Nicole Lister	2006
	04:24.55	Sarah Flynn '23	at Virginia - 4/19/24
	04:25.57	Siobhan Breagy '12	at Providence - 4/26/09
	04:25.63	Emma Tavella	at Virginia - 4/28/24
	04:25.84	Paige Carter '23	at Azusa Pacific - 4-14-23
	04:26.59	Claire Crowley '29	Duke Inv - 4-11-26
	04:26.90	Abby Lewis '28	at Wake Forest - 4-18-25

	04:27.10	Michele Hallett '86	
	04:29.71	Kylee Raftis '21	at Princeton - 4-16-22
	04:30.3	Alison Quelch '88	
	04:31.02	Maureen Lewin '23	at UMASS
	04:31.48	Jennifer Donovan '04	MT Sac - 4-20-02
	04:32.61	Marie Bilo '27	at ACC's at Georgia Tech - 5-9-24
	04:32.96	Sorchia McAllister	at UMASS
	04:33.00	Weronika Lewna '25	at UMASS
	04:34.38	Hanna Hollins '28	at San Francisco State - 4-4-25
	04:34.49	Kayla Smith '23	at Princeton - 4-16-22
	04:36.1	Julie Blanchet '84	
	04:37.50	Jennifer Weekes '88	
	04:37.59	Miriam Ruoff	at UMASS
	04:37.80	Kathleen Daley '84	
	04:38.43	Katherine Mitchell	at Holy Cross
	04:38.80	Ann Fallon '85	
	04:38.83	Kayla Schramm '27	at Northeastern - 5-3-25
	04:40.10	Cindy Flick '81	
	04:40.60	Mary Helen Peterson '85	
	04:42.16	Marne Sullivan '23	at Bryant - 4-2-22
	04:42.60	Sharon Willis '85	
	04:42.64	Miriam Ruoff	Raleigh Relays
	04:43.20	Clare Connelly '84	
	04:44.70	Virginia Connors '86	
	04:45.00	Carolyn Conigliaro '85	
	04:47.40	Audrey Norton '85	
	04:47.94	Katherine Stanwood '23	at Brown - 5-1-11
	04:47.80	Gina Braz '89	
	04:49.27	Katherine Connolly '25	at Northeastern - 4-22-22
	04:50.03	Weronika Lewna '25	at Azusa Pacific - 4-14-23
	04:51.00	Cheryl Panzarella '83	
	04:52.64	Sofia Tavella '26	at Northeastern - 4/27/24
	04:54.13	Amelia Van Brant '27	at San Francisco State - 4-4-25
	04:56.97	Caroline Fleming '24	at Northeastern - 4/27/24
	04:57.19	Shannon Thieke '24	at Uconn - 4-1-23
	04:57.70	Valerie Ferris '83	
	04:59.66	Roshni Singh	ACC Championships - 5-13-21
		3000 Meters	
1 (Record)	09:14.39	Angie Graham	NCAA - 1997
2	09:15.16	Lauren White '21	at Providence - 4-8-22
3	09:15.42	Anna Oeser '22	at Providence - 4-8-22
4	09:17.89	Shannon Smith	2000
5	09:20.86	Bridget Dahlberg	Penn Relays - 4/25/13
6	09:26.57	Liv Westphal	Penn Relays - 4/26/12
7	09:28.59	Katie Ryan	2000
8	09:31.37	Jennifer Donovan	2004
9	09:34.57	Hope Krause	Penn Relays - 4/26/12
10	09:34.61	Laura Smith	2001
	09:35.61	Catie Guiney	2000
	09:35.80	Michele Hallett	1986
	09:36.1	Kathleen Daley '84	
	09:47.2	Gina Braz '89	
	09:48.9	Alison Quelch '88	
	09:49.23	Kayla Smith '23	at Providence - 4-8-22
	09:52.4	Jennifer Weekes '87	
	09:54.2	Ann Fallon '85	
	09:56.0	Mary Helen Peterson '85	
	09:59.08	Sarah Flynn '23	at Providence - 4-8-22
	09:59.09	Roshni Singh '24	at Brown - 5-1-11
	10:06.5	Audrey Norton '85	
	10:08.3	Cindy Flick '81	
	10:10.8	Cheryl Panzarella '83	
	10:10.9	Sharon Willis '85	
	10:12.5	Mary Cobb '84	
	10:20.6	Sue Clancy '89	
	10:22.5	Nancy Small '84	
	10:28.37	Sofia Tavella '26	at Providence - 4/11/24

	10:29.0	Patty McGovern '83	
		5000 Meters	
1 (Record)	15:28.71	Liv Westphal	London - 7/25/15
2	15:46.00	Anna Oeser '22	US TF U20 Champs @ Eugene
3	15:47.30	Jennifer Kramer	Mt. Sac - 4/17/04
4	15:54.86	Lauren White '21	at Virginia
5	15:56.03	Roshni Singh '24	at Stanford - 4-4-25
6	15:56.97	Ella Fadil '27	at NCAA Regionals in Florida 5-31-25
7	16:05.90	Bridget Dahlberg	Stanford - 3/29/13
8	16:07.20	Laura Hotternott	Stanford - 4/3/15
9	16:12.24	Madeleine Davidson	Penn Relays - 4/23/15
10	16:12.90	Paige Carter '23	at Penn Relays -2023
	16:13.39	Shannon Smith	2000
	16:17.75	Molly Fitzpatrick '26	at Duke - 5-4-25
	16:19.59	Danielle Winslow	Penn Relays - 4/23/15
	16:20.10	Isabelle Kennedy '18	Princeton - 4/22/16
	16:22.35	Abby Loveys	at Stanford - 4-4-25
	16:29.90	Jillian King	NC State - 3/31/12
	16:29.97	Jennifer Donovan '04	Mt Sac 4-17-04
	16:31.90	Laurel Burdick	2005
	16:35.91	Kayla Smith '23	at Penn Relays -2022
	16:37.48	Ella Fadil '27	at ACC's at Georgia Tech - 5-11-24
	16:41.15	Sarah Flynn '24	at ACC's at Georgia Tech - 5-11-24
	16:44.00	Michele Hallett '86	
	16:46.15	Roshni Singh '24	at Penn Relays -2023
	16:51.63	Sorcha McAllister	Raleigh Relays
	16:53.60	Gina Braz '89	
	16:58.11	Ellie Buckley '27	at MIT - 4/19/24
	17:07.00	Patty McGovern '83	
	17:09.10	Kathleen Daley '84	
	17:14.10	Virginia Connors '87	
	17:16.45	Miriam Ruoff	ACC Championships - 5-15-21
	17:16.48	Abby Lewis '28	at Raleigh Relays - NC State - 4-26-22
	17:22.22	Caroline McClelland	ACC Championships - 5-15-21
	17:24.80	Cheryl Panzarella '83	
	17:25.33	Gabrielle Hamel '29	at Raleigh Relays - NC State - 4-26-22
	17:30.60	Sharon Willis '85	
	17:44.20	Mary Cobb '84	
	17:46.10	Nancy Small '84	
	17:47.01	Caroline Barry	at UMASS
	17:52.30	Jean Leary '86	
	17:52.80	Soifa Tavella '26	at MIT - 4/19/24
	18:08.15	Caroline McClelland	Yellow Jacket Inv. at Georgia Tech 3/20/21
	19:39.12	Ella Whitman	at UMASS
	18:47.20	Gabi Lessard '83	
	18:55.50	Patty O'Hagan '83	
		10,000 Meters	
1 (Record)	33:35.52	Roshni Singh '24	at Wake Forest - 4-17-25
2	33:38.38	Ella Fadil '27	at Stanford - 4-4-25
3	33:42.03	Liz Westphal	ACC - 5/4/15
4	33:48.0	Emeline Delanis '19	European Chmpionships in Sweden
5	33:52.77	Maria Cicero	Mt. AC - 2005
6	34:04.87	Isabelle Kennedy '18	Colonial Relays - 2017
7	34:08.00	Michele Hallett	Penn Relays
8	34:30.24	Sorcha McAllister	Virginia Challenge
9	34:44.60	Jen Rolfe	
10	34:50.8		at Azusa Pacific - 4-14-23
	34:53.6	Alison Quelch	
	35:04.16	Nicole Tufts	
	35:13.62	Abby Loveys '26	at ACC Championships - 3-15-25
	35:13.63	Brielle Chapot	
	35:30.0	Jessica (Flinn) Weber	ACC - 2007
	35:36.9	Laura Hotternott	ACC - 5-14-15
	35:37.0	Patty McGovern	
	35:37.2	Virginia Connors '87	
	35:51.3	Nancy Small '84	

	36:43.67	Molly Fitzpatrick '26	at ACC's at Georgia Tech - 5-9-24
	37:45.8	Jean Leary '86	
	37:49.03	Sofia Tavella '26	at Tufts - 3-30-24
	38:32.47	Kelsie Vicknair '25	at Princeton - 5-3-25
	39:20.1	Emily Higgins '87	
	39:38.2	Kathleen Mueller	
		2000 Meter Steeplechase	
	06:51.50	Kylee Raftis '21	Yellow Jacket Inv. at Georgia Tech 3/20/21
	07:04.35	Sarah Flynn '23	Yellow Jacket Inv. at Georgia Tech 3/20/21
	07:09.50	Katherine Deloreto '21	Yellow Jacket Inv. at Georgia Tech 3/20/21
	07:17.63	Haleigh Morales	Yellow Jacket Inv. at Georgia Tech 3/20/21
		3000 Meter Steeplechase	
1 (Record)	09:48.80	Danielle Winslow	Providence - 4/15/16
2	09:53.51	Emma Tavella '24	Azusa Pacific - 4/11/24
3	10:04.50	Jennifer Donovan '04	NCAA - 2003
4	10:09.30	Bridget Dahlberg	ECAC - 5/10/13
5	10:09.55	Paige Duca '19	Penn Relays 2018
6	10:10.31	Yasmine Abbes '26	at Wake Forest - 4-18-25
7	10:13.10	Morgan Mueller	ECAC - 5/10/13
8	10:14.59	Jillian King	ACC - 4/20/12
9	10:20.64	Sarah Flynn '23	ACC Championships 5-14-21
10	10:20.83	Kylee Raftis '21	at Providence College - 4-8-22
	10:29.60	Kristen Coon	2007
	10:30.20	Laura Leff	ACC - 2016
	10:36.10	Julie Spolidoro	2001
	10:36.60	Alexiz Lake	2006
	10:51.58	Katherine DeLoreto	at UMASS
	10:51.57	Paige Duca '19	at Army Twilight
	11:02.63	Caroline Barry '22	at Providence College - 4-8-22
	11:07.20	Haleigh Morales	ACC Championships 5-14-21
	11:13.28	Paige Carter	ACC Championships 5-13-23
	11:22.65	Ellie Buckley '27	at ACC at Georgia Tech - 5-10-24
	11:57.72	Katherine Connolly '25	at Providence College - 4-8-22
		High Jump	
1 (Record)	1.72m (5'07.75")	Kasey Hill	ECAC - 2008
1 (Record)	1.72m (5'07.75")	Christina Regan	2003
3	1.71m (5'07.25")	Kristen McDonagh	at UMass
4	1.70m (5'07.00")	Eilizabeth Knoll	Stonehill - 2016
4	1.70m (5'07.00")	Sophie Albright '25	at Uconn - 4-1-23
6	1.69m (5'06.50")	Tiana Riel	
7	1.68m (5'06.00")	Sue Goode	
8	1.68m (5'06.00")	Candace Nichols	
9	1.68m (5'06.00")	Erin Duffey	
10	1.68m (5'06.00")	Anya Maurer	
	1.67m (5'05.75")	Jessica Creedon	ACC - 2018
	1.66m (5'05.50")	Taylor Aizenstadt '12	at Stanford
	1.65m (5'05.50")	Isabella Bruno '23	at Northeastern - 4-22-23
	1.65m (5'05.50")	Abigail Peterson '25	at UCONN - 4-4-25
	1.65m (5'05.50")	Lila Belsher '24	at Northeastern - 4-22-23
	1.64m (5' 4 1/2")	Sophie Albright '25	at Providence College - 4-8-22
	5'4"	Lianne Supple '85	
		Mary Beth Paul '86	
	1.62m (5'4")	Morgan Halt '24	at Bryant - 4-2-22
	1.60m (5'3")	Jada Shankin '26	at UCONN - 4-4-25
	5'1"	Laura Corning '82	
	5'0"	Jane Haubrich '84	
		Long Jump	
1 (Record)	6.07m (19'11.00""	Alison Kent '87	1987
2	5.96m (19'06.50")	Andrea Melton	Mt. SAC - 1996
3	5.89 (19'04.00")	Kasey Hill	Olympic Trials-Eugene - 6/28/08
4	5.89 (19'04.00")	Katina McCrory	2003
5	5.87m (19'03.00")	Candace Nichols	1989
6	5.87m (19'03.00")	Julia Lyons	Stonehill - 4/28/18
7	5.83 (19'01.50")	Tiana Riel	2008
8	5.6m (18'4")	Melissa Hadfield '07	at North4astern - 3/24/2007

9	5.49m (18' 0.25")	Isabella Bruno '23	at Princeton - 4-16-22
10	17'10 .75"	Kim Facey	
	5.36m (17'7")	Jessica Creedon '21	at Holy Cross
	5.37m/17' 7.5"	Isabella Bruno '23	ACC Championships 5-14-21
	17'4"	Lisa Wilkins '86	
	5.18m (17'0")	Hannah Ceva '23	at Holy Cross
	16'8"	Cherly Lescault '85	
	16'8"	Lorna Sellege '89	
	5.05m (16'07")	Erin Finley '26	at UCONN - 4-4-25
	4.96m (16' 2 1/2")	Morgan Halt '24	at Holy Cross
	17'5"	Gladys Rice '86	
	17'4"	Lisa Wilkins '86	
	5.27m (17'3.5")	Morgan Halt '24	at Brown - 5-1-22
	16'8"	Cherly Lescault '85	
	16'8"	Lorna Sellege '89	
	5.00m (16' 4")	Erin Finley	at Uconn - 4-1-23
	4.98m (16'3")	Hannah Ceva '23	MIT - 4-22-23
	15'9"	Lianne Supple '85	
	15'9"	Sue Goode '85	
	15' 7 1/2"	Joanne McDevitt ' 88	
	15'6"	Jane Haubrich '85	
	15'2"	Patty Powers '84	
		Triple Jump	
1 (Record)	12.00m (39'04.50")	Kim Facey	Penn Relays - 1994
2	11.78m (38' 9.75")	Isabella Bruno '23	at Princeton - 4-16-22
3	11.65m (38'02.75")	Elaine Veloukas	1992
4	11.40m (37'05.25")	Christina Regan	2000
5	11.39m (37'05.00")	Ein Duffy	1996
6	11.29m (37'00.75")	Anne Walsh	2005
7	10.87m (35'08.00")	Kathleen Cusick	1997
8	10.65m (34'11 1/4")	Gaby Raia '21	at UMass
9	10.56m (34'5 1/2")	Lauren Reliford	at Northeastern - 3/24/2007
10	10/28m (33"08.72")	Abigail Gothers	UMASS - 4/7/17
	10.26m (33.07.94")	Yasmin Ali	Stonehill - 4/28/18
	33'6"	Joanne McDevitt '88	
	30'11"	Mary Tiernan '90	
		Pole Vault	
1 (Record)	3.89m (12'09.50")	Saki Sugano	
2	3.65m (12'00.00")	Megan Mara	
3	3.65m (12'00.00")	Carly Rayburn	
4	3.33m (10'11.75")	Amy Cebulski	
4	3.33m (10'11.75")	Emily Cornelius	
		Discus Throw	
1 (Record)	50.13m (164'5.62")	Kelsey Huckins	UMASS - 4/13/13
2	45.77m (150'02.00")	Megan Kearney	2008
3	42.95m (140'11.00")	Paige MacTavish	1994
4	42.08m (138'01.00")	Jessica Fazekas	2003
5	39.96m (131'01.23")	Fallyn Bioch	UMASS - 2014
6	39.52m (129'08.00")	Marybeth Hollingsworth	1981
7	37.86m (124'02.55")	Amanda Sinkewicz	Brown - 4/13/18
8	36.39m (118" 11.75")	Stephanie Ho '07	at Northeastern - 2/24/2007
9	31.75m (104'02.00")	Chelsea Pocararo	Brown - 4/15/16
10	100'9"	Ann Murray '82	
	81'1"	Jeanne Seltzer '85	
		Hammer Throw	
1 (Record)	53.13m (174'06.00")	Kelsey Huckins	New England's - 2010
2	50.40m (165'04")	Morgan Champi '27	at UCONN - 4-4-25
3	49.30m (161'-9.00")	Libby MacDonald	
4	46.60m (152'11.00")	Paige MacTavish	
5	42.03m (137'11.00")	Rosemary Guerin	
6	41.78m (137'01.00")	Megan Kerney	
7	40.43m (132'08.00")	Meg Stapleton-Smith '11	UMASS - 4/9/11
8	40.42m (132'.07.00")	Liz Mehanor	
9	110'9"	Diane Rickson '90	

Javelin			
1 (Record)	46.44m (152'4")	Amanda Sinkewicz '20	Univ. of Virginia - 5/11/19
2	44.05m (144'06.25")	Fallyn Bioch	Stonehill - 4/30/16
3	42.08m (138'00.69")	Amanda Sinkewicz	NC State - 3/30/18
4	42.99m (141'00")	Emily Rohan '26	at Wake Forest - 4-17-25
5	39.32m (129'00.00")	Kasey Hill	NCAA - 6/12/08
6	38.88m (127'05.00")	Brighid Marquess	
7	38.80m (127'.01.75")	Anne Rajotte '95 (Old Javelin Boston College Record)	
8	38.60m (126'08.00")	Jeanne Seltzer	
9	38.50m (126'04.00")	Jen Petula	
10	37.63m (123'01.00")	Skylar Safriet '26	MIT - 4-22-23
	36.97m (121'3")	Lexi McNeil '23	at Bryant -4-2-22
	35.89m (117'.75""")	Anna Atkinson	New England's - 5/7/15
	35.35m (116'6")	Robin Willett '91	Big East Championships
	34.65		at Holy Cross
	33.54m (110'0")	Gaby Raia '23	at Holy Cross
	33.46m	Alexandra McNeil '23	at Azusa Pacific 4-14-23
	32.68m (107'3")	Amanda McNeil	Yellow Jacket Inv. at Georgia Tech 3/20/21
	32.19m (105'9")	Olivia Raig '26	at Uconn - 4-1-23
	103'3"	Mary Beth Hollingsworth '81	
	31.83m (104'05")	Olivia Raig '26	at Northeastern - 4/27.24
	31.83m (104'1")	Alexandra McNeil '23	Yellow Jacket Inv. at Georgia Tech 3/20/21
	31.32m (102'9")	Jessica Creedon '21	at UMass
	29.99m (98'1")	Alexandra McNeil '23	at Raleigh Relays - NC State
	29.03m (95'3")	Gaby Raia	Raleigh Relays
	27.88m (91'2")	Morgan Halt '24	at Bryant -4-2-22
	89'3"	Lianne Supple '85	
	24.31M (79'6")	Gabriella Raia '24	Yellow Jacket Inv. at Georgia Tech 3/20/21
Javelin (prior to 1999 change of Javelin)			
1 (Record)	38.80m (127'.01.75")	Anne Rajotte '95	
2	35.35m (116'6")	Robin Willett '91	Big East Championships
3	103'3"	Mary Beth Hollingsworth '81	
4	89'3"	Lianne Supple '85	
Shot Put			
1 (Record)	14.02m (46'0.00")	Jessica Fazekas	ECAC 2004
2	13.77m (45'02.25")	Rosemary Guerin	
3	13.69m (44'07.00")	Kelsey Huckins	
4	13.18m (43'03.00")	Paige MacTavish	
5	13.17m (32.02.50")	Kasey Hill	NCAA - 6/11/08
6	12.07m (39'07.25")	Megan Kearney	
7	37'8"	Diane Rickson '90	
8	37'7 1/2"	Mary Beth Holingsworth '81	
9	34'9"	Jane Haubrich '85	
10	10.49m (34/05.00")	Amanda Sinkewicz	Colonial Relays - 3/30/17
	10.22m (32"10.49")	Anna Atkinson	ACC - 2017
	10.00m (32'7")	Morgan Halt '24	at Virginia - 4/16/21
	9.76m (32'00.25")	Jessica Creedon	ACC - 5/10/18
	30'2"	Anne Murray '82	
	29'10"	Lianne Supple '85	
Heptathon			
1 (Record)	5687	Kasey Hill '07	Olympic Trials - 2008
2	5450	Tiana Reil '08	New England's
3	5041	Jessica Creedon '21	ACC
4	4700	Elizabeth Hassen	2005
5	4619	Jessica Creedon	ACC - 5/10/18
6	4609	Christina Regan	2003
7	4577	Lianne Supple '85	
8	4542	Anna Atkinson	ACC - 2017
9	4488	Kristen McDonagh	New England's - 5/9/13
10	4464	Jacqueline Tanzella	2005
	4457	Jane Haubrich '85	
	4417	Kim McDonagh	New England's - 5/9/13

	4293	Morgan Halt '24	ACC Championships 5-14-21
	4267	Sue Goode '85	
		400 Meter Relay (4 x 100)	
1 (Record)	45.99	Anna Sonsini '27, Sydney Segalla '26, Gina Certo '29, Ava Carter '28	at Raleigh Relays - 3-28-26
2	46.09	Anna Sonsini '27, Anna Becker '27, Aliyah Canty '28, Lylee Bernard '27	ACC Championships - 5-17-25
3	47.54	Carly Daniel, Johanna Celi, Jacqueline Hannon, Robin Gross	ACC - 5/16/15
4	47.58	Zulema Blair, Mary-Alice Brady, Andrea Melton, Tiffany Young	1994
5	47.63	Carly Daniel, Johanna Celi, Jacqueline Hannon '16, Robin Gross	ACC
6	47.64	Jan Gibson, Lisa Wilkins, Gladys Rice, Leslie Freeman	1983
7	47.72	Zulema Blair, Mary-Alice Brady, Andrea Melton, Tiffany Young	1994
8	47.77	Monica Heil, Julia Lyons, Emma Taylor, Johanna Celi	ACC - 2018
9	47.78	Anna Becker '27, Kyla Palmer '27, Sophia Schwartz '24, Anna Sonsini '27	at MIT - 4/20.24
10	47.80	Emma Taylor, Julia Kyons, Monica Heil, Robin Gross	ACC - 2017
	47.93	Meaghan Callahan, Teyahnie Boone, Casey Hsiung, Rory Cellucci	2009
	48.08	Princess Fenton, Marcia Furr, Kara Neilson, Meghan Sullivan	1998
	48.08	Kate Sullivan, Mikki Pogue, Zoey O'Sullivan, Rachel D'Amora	2000
	48.59	R. Wright, A. Carter, A. Canty, A. Zenner	at Uconn - 4-5-25
	48.63	Reid '87, Volpe '88, Luken '88, Freeman '86	
	49.11	Reid '87, Lucey '84, Rice '86, Freeman '86	
	49.2	Luken '88, Billo '87, Volpe '88, Reid '87	
	49.57	Beekman, Clark, Ceva, Scchwartz	at Princeton - 4-16-22
	49.73		at Bryant - 4-2-22
	49.83	Sophia Schwartz '24, Emma Kinney '22, Anna Cleary '23, Kyla Krawczyk '24	ACC Championships 5-15-21
	50.2	Sutherland '83, Toole '84, Weise '85, Albers '84	
	50.2	Gibson '85, Haubrich '85, Mullaney '85, Lucey '84	
	50.53	Cleary '23, Kinney '22, Ceva, Krawczyk '24	at UMASS
	50.42		at Northeastern - 4-22-22
	51	Luken '8, Freeman '86, Cronin '88, Lucey '84	
	51	Gibson '85, Haubrich '85, Albers '84, Lucey '84	
	51.34		Raleigh Relays
	51.6	Sutherland '83, Corning '82, Toole '84, Lucey '84	
		800 Meter Relay (4 x 200)	
1 (Record)	01:39.48	Zulema Blair, Mary-Alice Brady, Kim Facey, Tiffany Young	Penn Relays - 1994
2	01:42.79	Emma Taylor, Johanna Celi, Robin Gross, Molly McCabe	Colonial Relays - 2017
3	01:44.33	Molly O'Dea, Carly Daniel, Jacqueline Hannon, Robin Gross	Raleigh Relays - 2014
		1600 Meter Relay (4 x 400)	
1 (Record)	03:36.34	Anna Becker '27, Lylee Bernard '27, Aliyah Canty '28, Anna Sonsini '27	at ACC Championships - 5-17-25
2	03:38.93	Sydney Segalla '26, Anna Cleary '23, Marne Sullivan '23, Kyla Krawczyk '24	ACC Championships - 5-13-23
3	03:41.31	Johanna Celi, Carly Daniel, Robin Gross, Molly McCabe	ACC - 2016
4	03:41.44	Kylee Bernard '27, Anna Sonsini '27, Aoife Dunne '25, Anna Becker '27	Penn Relays - 4-25-25
6	03:42.58	Kyla Krawczyk '24, Marne Sullivan '23, Emma Kinney '23, Anna Cleary '23	new England's - 5/10/14
7	03:42.65	Monica Hiel, Claudia DiSomma, Robin Gross, Molly McCabe	ACC - 2017
8	03:42.95	Carly Daniel, Johanna Celi, Molly McCabe, Robin Gross	ACC - 2015
9	03:43.45	Marie Bilo '27, Anna Becker '27, Anna Sonsini '27, Yaroslava Yalysovetska '27	at ACC at Georgia Tech - 5-11-24
10	03:44.58	Monica Heil, Julia Barron, Johanna Celi, Molly McCabe	ACC - 2018
	03:45.00	Janice Reid '87, Peg Perkins, Theresa Doucette, Leslie Freeman	Penn Relays - 1986
	03:45.63	Carly Daniel, Molly O'Dea, Emma Sullivan, Robin Gross	New England's - 5/10/14
	03:45.96	Kasey Hill, Alison Fogarty, Tiana Riel, Caitlin Bailey	2008
	03:46.72	Zulema Blair, Katie Benestad, Mary-Alice Brady, Tiffany Young	1994
	03:46.92	Zulema Blair, Katie Benestad, Mary-Alice Brady, Tiffany Young	6/16/94
	03:24.16	Carly Daniel, Molly O'Dea, Claudia DiSomma, Robin Gross	ACC - 4/19/14
	03:47.8	Reid '87, Doucette '87, Perkins '87, Luken '88	
	03:47.7	Reid '87, Conigliaro '85, Connelly '84, Freeman '86	
	03:48.64	Sydney Segala '26, Kyla Krawczyk '24, Anna Cleary '23, Kate Mitchell '23	at Penn Relays - 4-28-23
	03:50.7	Anna Cleary '23, Sarah Heckel '22, Kyla Krawczyk '24, Mame Sullivan '23	ACC Championships 5-15-21
	03:50.76	Kyla Krawczyk '24, Anna Cleary '23, Katherine Mitchell '22, Emma Kinney '23	at Princeton - 4-16-22
	03:51.75	Siobhan Breagy '12	at Durham - 4/23/11
	03:53.9		at Bryant - 4-2-22
	03:54.2	Cleary '23, Sullivan '23, Heckel '22, Mitchell	Yellow Jacket Inv. at Georgia Tech 3/20/2
	03:58.68	Gabby Bachioch '25, Sarah Heckel '22, Maureen Lewin '23, Kathleen Clark '2	at Brown - 5-1-22
	03:54.92	Krawczyk '24, Heckel '22, Sullivan '23, Cleary '23	at UMASS
	03:58.9	Luhlen '88, Doucette '87, Conigliaro '85, Freeman '86	
	03:56.0	Heckel '22, Cleary '23, Krawczyk '24, Sullivan '23	at Holy Cross
	04:01.8	Connelly '84, Conigliaro '85, Blanchet '84, Lucey '84	

	04:04.1	Albers '82, Connelly '84, Toole '84, Fitzsimmons '84	
	04:06.3	Scannell '83, Connelly '84, Conigliaro '85, Supple '85	
	04:08.8	Lucey '84, Conigliaro '85, Supple '85, Connelly '84	
	04:09.07		at Northeastern - 4-22-22
	04:09.7	Haubrich '85, Lucey '84, Blanchet '84, Connelly '84	
	04:10.6	Gibson '85, Scannell '83, Albers '82, Lucey '84	
	04:11.0	Scannell '83, Albers '82, Tarmey '84, Supple '85	
	04:11.5	Hanss '84, Fitzsimmons '84, Scannell '83, Albers '82	
		3200 Meter Relay (4 x 800)	
1 (Record)	08:33.85	Jillian King, Vaiylin Bailey, Grace Rodriguez, Caroline King	Penn Relays - 4/24/10
2	08:39.38	Mary Heitkamp, Caroline King, Samantha Gawrych, Caitlin Bailey	2008
3	08:49.75	Siobhan Breagy, Gretchen Andrus, Grace Rodriguez, Christine Sullivan	ECAC - 2010
4	08:51.79	Mary Heitkamp, Alexis Lake, Kathleen Smyth, Melissa Sherman	2005
5	08:53.7	Mary Heitkamp, Caroline King, Samantha Gawrych, Caitlin Bailey	ECAC - 2008
6	08:53.79	Ann Baldelli, Mary-Alice Brady, Megan Gayman, Angie Graham	1995
7	08:54.97	Jodie Lake, Megan Gayman, Amy Lyman, Angie Graham	1996
8	08:56.22	Jodie Lake, Amylyman, Ann Baldelli, Angie Graham	1996
9	09:02.2	Reid '87, Perkins '87, Weekes '88, Doucette '87	
10	09:10.1	Doucette '87, Weekes '88, Conigliaro '85, Fallon '85	
	09:23.8	Fallon '85, Peterson '85, Conigliaro '85, Connelly '84	
	09:24.3	Peterson '85, Fallon '85, Daley '84, Hallett '86	
	09:24.7	Blanchet '84, Fallon '85, Conigliaro '85, Connelly '84	
	09:32.2	Blanchet '84, Willis '85, Connelly '84, Conigliaro '85	
		6000 Meter Relay (4 x 1500)	
1 (Record)	17:25.2	Caitlin Bailey, Jillian King, Siobhan Breagy, Caroline King	Penn Relays 2001
2	17:51.10	Katherine Mitchell '23, Anna Oeser '23, Kylee Raftis '23, Maureen Lewin '24	at Penn Relays - 2022
3	17:58.71	Laura Smith, Shannon Smith, Katie Ryan, Jennifer Donovan	2001
4	18:05.0	Maggie Guiney '03, Donovan, Kramer and L Smith	Penn Relays 2003
5	18:30.6	Katherine O'Keefe, Claudia DiSomma, Danielle Winslow, Madeleine Dav	Raleigh Relays - 2015
6	18:33.6	Morgan Mueller, Katherine O'Keefe, Danielle Winslow, Madeleine Davids	Raleigh Relays - 2014
7	18:36.5	Bridget Dahberg, Katherine O'Keefe, Madeline Wallace, Caroline King	Raleigh Relays - 2012
		Distance Medley Relay	
1 (Record)	11:11.53	Katherine Mitchell '23, Kyla Krawczyk '25, Marne Sullivan '25, Sarah Flynn '23	at Penn Relays - 2023
2	11:12.41	Jillian King, Claire Bingham, Erin McKenna, Caroline King	Penn Relays - 2012
3	11:15.81	Katherine Mitchell '23, Kyla Krawczyk '25, Marne Sullivan '25, Lauren White '23	at Penn Relays - 2022
4	11:16.02	Jillian King, Anna Cioffredi, Caitlin Bailey, Caroline King	Penn Relays - 2010
5	11:20.07	Yasmine Abbes, GR'25, Aliyah Canty '28, Natalie Millerova '27, Abby Loveys '25	Penn Relays - 4-24-25
6	11:24.37	Jillian King, Erin McKenna, Carly Daniel, Kathy O'Keefe	Penn Relays - 4/25/13
7	11:37.70	Katie Ryan, Rachel, D'Amore, Jen Vendetti, Cate Guiney	2000
8	11:48.40	Carolyn Conigliaro, Janice Reid '87, Clare Connelly, Julie Blanchet	1984
		Sprint Medley Relay (400-200-200-800)	
1 (Record)	03:58.00	Anna Becker '27, Anna Sonsini '27, Hanna Hollins '28, Molly Hudson '25	Penn Relays - 4-25-25
2	03:59.13	Johanna Celli, Robin Gross, Molly McCabe, Claudia DiSomma	Colonial Relays - 2017
3	04:01.43	Molly O'Dea, Carly Daniel, Robin Gross, Claudia DiSomma	Raleigh Relays - 3/38/2014
4	04:04.52	Carly Daniel, Johanna Celli, Julia Barron, Gianna Bender	at NC State
5	04:05.40	Anna Leahy, Jessica Creedon, Shannon Ahern, Gianna Bender	at Raleigh Relays
6	04:06.58	Carly Daniel, Robin Gross, Johanna Celli, Katherine O'Keefe	at NC State
		Shuttle Hurdle Relay	
1 (Record)	60.07	Kali Coleman, Rebecca Peterson, Tina Hall, Andrea Melton	Penn Relays - 1985

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