

Updated - March 28, 2026

Edits, Additions & Suggestions Welcome & ***Encouraged*** !

Only Personal Bests Listed

Jack McDonald (BC '73)

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2025-26 Performances in Gold

**Men's Outdoor Track & Field**

**Records and Top Performances**

Rank	Time/Distance	Athlete	Meet	Year
<b>100 Yards</b>				
1 Record	9.6	Don Schneider '73	-	1971
2	9.6	Phil Hazard '78	-	1977
3	9.7	Larry Flynn '63	-	1963
3	9.7	Lucien Tessier '65	-	1965
3	9.7	Mike Johnson '70	-	1970
3	9.7	Neil Green '79	-	1979
3	9.7	Mike Johnson '70	-	1970
3	9.7	Lou Tessier '65	-	1964
9	9.8	Manny Myers '76	-	1976
9	9.8	Mike Curry '81	-	1977
	9.9	Larry Jeffers '68	BC-Northeastern Dual Meet	1968
	9.9	Tom Greehan '48	-	1948
	9.9	Harry Fish '67	-	1967
	9.9	Bill Doherty '68	-	1968
	9.9	Bill Fitzmaurice '74	-	1972
	9.9	F. V. Hussey	-	1926
<b>100 Meters</b>				
1 Record	10.56	Jeff Smith '10	UMass Invitational	2008
2	10.64+ (10.4)	Mike Curry '81	-	1980
3	10.71	Jalon Williams '25	ACC Championships - 5-13-22	2022
4	10.7	Rob Davis '88	New England Championships	1987
5	10.73	Ray Hawkins '88	-	1987
6	10.73	Colin Kravitz '27	at UCONN - 4-4-25	2025
7	10.73	Max Deane '28	at UCONN - 4-4-25	2025
8	10.74+ (10.5)	Phil Hazard '78	-	1978
9	10.84+ (10.6)	Craig Coffey '85	-	1983
10	10.85	Viggo Knudson '97	-	1996
	10.85	Damon Frabotta '26	at Uconn - 4-1-23	2023
	10.86	Colin Kravitz '27	at MIT - 4/20/24	2024
	10.87	Chris Fonss '99	Blue Devil Invitational	1999
	11.00	Max McQuide '25	at Uconn - 4-1-23	2023
	11.04	Doug Alston '81	-	1980
	11.24	Bryan Sadowski '90	-	1987
	11.24	Adrian Munoz-Bennett '83	-	1980
<b>200 Meters</b>				
1 Record	20.82+ (20.8)	Larry Jeffers '68	-	1968
2	21.02+ (21.0)	Larry Flynn '63	-	1963
2	21.02+ (21.0)	Phil Hazard '78	Greater Boston Championships	1977
4	21.19	Colin Kravitz '27	at Princeton - 5-3-25	2025
5	21.42+ (21.4)	Mike Curry '81	-	1980
6	21.44	Max McQuide '25	at UCONN - 4-4-25	2025
7	21.51+ (21.5)	Craig Coffey '85	-	1983
8	21.51	Jeff Smith '10	UMass Invitational	2008
9	21.53	Ramon Neves '93	I.C.A.A.A Championships	1993
10	21.61+ (21.6)	Herb McKinley '	New England Championships	1944
10	21.61+ (21.6)	McAllister '55	-	1955

10	21.61+ (21.6)	Don Schneider '73	-	1971
	21.55	Max Deane '28	at UCONN - 4-4-25	2025
	21.7y	Lou Tessier '65		1965
	21.74	Damon Frabotta '26	at Uconn - 4-1-23	2023
	21.75	Max McQuide '25	at Georgia Tech - 4-23-22	2023
	21.87	Chris Fonss '99	New England Championships	1999
	21.8	Rob Davis		1987
	21.8y	Jack Casey '68		1967
	21.8	Rob Rickard '82		1980
	21.92	Jalon Williams '25	at Georgia Tech - 4-23-22	2022
	21.9	Doug Alston '81		1981
	21.9	Rob Lanney '81		1981
	21.9	Dave Nelson '79		1979
	22	Jim O'Brien '72		1972
	22	Neil Green '79		1978
	22	Mike Johnson '70		1970
	22.1y	Tom Greehan '48		1948
	22.1	Adrian Munoz-Bennett '83		1981
	22.1y	Joe Kopka '68		1967
	22.2	Ray Hawkins '87		1985
	22.45	Stephen Colleran '24	at Northeastern - 4/27/24	2024
	22.57	Ryan Russell	Yellow Jacket Inv. At Georgia Tech	2021
	23.25	Stephen Windisch	Yellow Jacket Inv. At Georgia Tech	2021
1 Record	21.4	J. E. McManus		1933
	21.5	Larry Jeffers '68	BC-Northeastern Dual Meet	1968
		<b>400 Meters/440 Yards</b>		
1 Record	46.55m	Max McQuide '25	at ACC Championships - 4-16-25	2025
2	46.9y	Larry Jeffers '68	BC - Northeastern Dual Meet	1968
3	46.9m (47.2y)	Larry Flynn '63	New England Championships at Umaine	1963
4	46.96m	Colin Kravtiz '26	at ACC Championships - 4-16-25	2025
5	47.56+ (47.7)	Herb McKinley '	National Junior Championships	1942
6	47.67	Max McQuide '25	at Azusa Pacific - 4-14-23	2023
7	47.86+ (48.0)	Bob Gilvey '65	-	1965
8	47.86+ (48.0)	Mark Murray '70	New England Championships	1970
9	47.94	Obinna Nwankwo '17	ACC Championships	2017
10	47.97	Nick Nash '17	Georgia Tech Invitational	2017
	48.05+ (48.2)	Jim O'Brien '73	-	1973
	48.12	Mark Domaracki '11	New England Championships	2009
	48.15+ (48.3)	Jack Casey '68	-	1967
	48.18	Colin Kravtiz	at Texas State - 3-27-24	2024
	49.0 (49.3y)	Mark Murray '70	GBC's	1967
	48.3 (49.1y)	Ken Ryan '71	Greater Boston's	1968
	48.53	Jack Hennessy '14	ACC Championships	2013
	48.55	Bennett Valencia '02	Big East Championships	1999
	48.81	Max McQuide '25	Yellow Jacket Inv. At Georgia Tech	2023
	48.84	Stephen Colleran '24	at MIT - 4/20/24	2024
	48.93	Peter Vaglio	New England Championships	1999
	48.96	Max McQuide '25	ACC Championships 5-13-22	2022
	49.14	Marcus Manson	Yellow Jacket Inv. At Georgia Tech	2021
	49.2	Roc Graca '84		1982
	49.2	Bill Charland '74		1974
	49.3	D.A Fleet		
	49.3	John Cowden '83		1983
	49.4y	Joe Kopka '68		1968
	49.4y	Cliff O'Brien		1968
	49.4y	Bill Putnam '68		1967
	49.42m	Eddie Kelly '25	at Providence - 4-12-24	2024
	49.69m	Damon Frabotta '26	Yellow Jacket Inv. At Georgia Tech	2023
	49.7	Paul Trovato '75		1974
	49.8y	Jim Murnane '56		1956
	49.8	Kevin Murphy '80		1980
	49.8	Edwin Drakes '85		1984
	49.9	Bob Scales		1976
	50.09	Stephen Windisch	Yellow Jacket Inv. At Georgia Tech	2021
	50.12	Stephen Colleran '24	Yellow Jacket Inv. At Georgia Tech	2023



2	03:40.8	Keith Yuen '93	George Mason Invitational	1993
3	03:41.09	Patrick Mulryan '27	at Wake Forest - 4-18-25	2025
4	03:44.3	Ian Ritchie '19	ACC Championships	2019
5	03:45.4	Brian Murphy '93	-	1990
6	03:45.8	Tim Ritchie '10	IC4A Championships	2010
7	03:45.87	Alexander Cruz Brown '26	at Virginia - 4/28/24	2024
8	03:46.5	Chris Georgules '96	Brown/Army/UConn/Providence	1995
9	03:46.9	Patrick Mellea '08	-	2007
10	03:47.2	Tom Horton '80	-	1980
	03:47.33	Erik Linden '23	at Georgia Tech - 3-22-22	2022
	03:47.6	Jeremy Zagorski '08	New England Championships	2007
	03:47.9	Tom Carleo '87	-	1987
	03:47.97	Ryan Beegle '27	at Azusa Pacific 4-14-23	2024
	03:48.0	Bill Gajewski '78	-	1976
	3:48.--	Darren Keenan '97	-	1994
	03:48.26	David Sherrer '22	at ACC Championships - 5-12-22	2022
	03:49.31	Sean Sullivan '20	Yellow Jack Inv. At Georgia Tech	2021
	03:49.50	John Clopeck '86		1986
	03:49.80	Joe Rocha '88		1987
	03:49.80	John Wavro '83		1982
	03:50.90	Steve Walter '84		1983
	03:51.20	John Hogan '82		1979
	03:51.30	Todd Renehan '85		1983
	03:51.44	Edward Tristine '23	at Azusa Pacific 4-14-23	2023
	04:01.60	Leo Finucane '79		1979
	03:52.77	Alexander Cruz Brown '26	at Wake Forest - 4-18-25	2025
	03:53.00	Fernando Braz '86		1982
	03:53.65	Ben Ruffing	ACC Championships 5/13/21	2021
	03:53.70	John Carter	Raleigh Relays	2021
	03:54.50	David O'Connell '88		1987
	03:54.60	George Grant '89		1986
	03:54.58	Colin Shaver '26	at MIT - 4/19/24	2024
	03:55.28	Tom Flynn '28	at Princeton - 5-3-25	2025
	03:56.06	Owen Pett '26	at UCONN - 4-4-25	2025
	03:56.30	Tony Sullivan '83		1980
	03:53.45	Justin Burdon	New England Championships	1999
	03:55.93	Bryon Gartrell '04	Brown Invitational	2002
	03:56.82	Eero Helenius '25	at Azusa Pacific 4-14-23	2023
	03:56.98	Sam Ellis '26	at Northeastern - 4/27/24	2024
	03:58.52	Denis Gallagher	Yellow Jack Inv. At Georgia Tech	2021
	03:59.13	John Wacker '23	at Georgia Tech - 3-22-22	2022
	03:59.87	Nick Loffredo '27	at Northeastern - 4/27/24	2024
		<b>1 Mile</b>		
1 Record	04:00.8	Keith Francis '76	-	1974
2	04:06.1	Bill Gajewski '78	-	1978
3	04:06.4	Charlie Diehl '73	-	1970
4	04:06.4	Ed Becker '76	-	1975
5	04:06.4	Bill Martin '77	-	1976
6	04:07.0	Larry Rawson '63	IC4A's at Villanova	1962
7	04:07.0	Jack McDonald '73	New England's at Umass	1972
8	04:07.45	Ryan Beegle '27	at MIT - 4-18-25	2025
9	04:09.0	Bernie Lancaster '77	-	1977
10	04:09.4	Phil Jutras '65	-	1965
	04:09.6	Robert O'Leary '60	-	1960
	04:09.8	Bill Norris '65		1965
	04:11.0	Mike Conley '66		1966
	04:14.5	Jim Goggin '75	Greater Boston's at BC	1975
	04:14.99	Tom Flynn '28	at MIT - 4-18-25	2025
	04:15.91	Colin Shaver '26	at Providence - 4/11/24	2024
	04:16.03	Sean Fleming '28	at MIT - 4-18-25	2025
	04:17.4	T.F. Cavanaugh		1924
	04:20.00	Jack Higgins '27	at MIT - 4-18-25	2024
		<b>2,000 Meter Steeplechase</b>		
	06:22.38	Kyle Faddis	Yellow Jacket Inv. At Georgia Tech	2021
	06:30.13	Yahya Soliman	Yellow Jacket Inv. At Georgia Tech	2021

	06:37.07	John Fitzpatrick '25	Yellow Jacket Inv. @ Georgia Tech	2022
		<b>3000 Meter</b>		
1 Record	08:08.5	Brian Murphy '93	BC Relays	1991
2	08:24.85	Will Purnell	at Providence - 4/11/24	2024
3	0:08:34	Sam Ellis	at Providence - 4/11/24	2024
4	0:08:40	Eero Helenius	at Providence - 4/11/24	2024
5	08:40.21	John Fitzpatrick '25	at UCONN - 4-4-25	2025
6	0:08:41	Nick Loffredo	at Providence - 4/11/24	2024
7	0:08:51	Sean Fortunar'to	at Providence - 4/11/24	2024
8	09:03.29	Jack Nauman '28	at UCONN - 4-4-25	2025
		<b>3,000 Meter Steeplechase</b>		
1 Record	08:53.1	Bill Norris '67	A.A.U. National Championships	1967
2	08:53.3	Todd Renehan '85	-	1983
3	08:58.5	Tyler King	NEICAAA Championships	2013
4	09:01.0	Dick Hayden '78	Greater Boston Championships	1978
5	09:01.5	Sean Sullivan '20	Penn Relays	2019
6	09:02.22	Colin Shaver '26	at Princeton - 5-2-25	2025
7	09:03.2	Jim Zabel '72	New England Championships	1972
8	09:03.5	Jordan Hamm '13	ACC Championships	2012
9	09:03.6	Brian Schafer '99	I.C.A.A.A. Championships	1998
10	09:04.2	Derek Holand '00	New England Championships	1999
	09:04.3	Ben Osipow '19	ACC Championships	2019
	09:07.8	Drew Bouchard '05	New England Championships	2004
	09:09.7	Anthony Bellitti '14	ACC Championships	2014
	09:09.9	Brian Mahoney '03	Penn Relays	2003
	09:11.6	Dwight Lancaster '	-	1981
	09:11.9	Trevor Rozier-Byrd '06	I.C.A.A.A. Championships	2004
	09:14.0	Bill Roach '78	Northeastern Dual Meet	1978
	09:16.07	Mike Atwood '93		1992
	09:16.8	Tony Sullivan '83		1982
	09:17.4	Paul Bosco '71	New England Championships at Bowdoin	1971
	09:22.93	Aiden Brancaccio '27	at Northeastern - 4/27/24	2024
	09:25.0	Austin Boyle '74		1974
	09:28.4	Brian Culley		1992
	09:32.59	Aiden Brancaccio '27	at Texas State - 3-27-25	2025
	09:36.11	Kyle Faddis	ACC Championships 5-14-21	2021
	09:37.41		at Azusa Pacific 4-11-24	2024
	09:38.37	Peter Fox '25	at Raleigh Relays - NC State - 3-37-22	2022
		<b>2 Mile</b>		
1 Record	09:05.7	Larry Rawson '63	White Stadium, Boston	1963
	09:51.40	J.F. Lang	at Bowdoin	1933
		<b>3 Mile</b>		
1 Record	13:54.0	Bill Roach '78	New England AAU	1978
2	14:07.0	Dick Mahoney '72		1971
3	14:14.0	Paul Bosco '71		1971
4	14:24.0	Larry Rawson '63		1963
5	14:30.1	Jim Cappezuto '74		1974
		<b>5,000 Meters</b>		
1 Record	13:45.34	Theodor Schucht '28	Raleigh Relays - 3-26-26	2026
2	13:53.7	John Clopeck '86	Penn Relays	1986
3	14:02.6	Tim Ritchie '09	Raleigh Relays	2009
4	14:05.79	Colin Peattie Gr '26	Raleigh Relays - 3-26-26	2026
5	14:06.1	Joe Rocha '87	Boston College Relays	1987
6	14:06.44	Patrick Donnelly 'GR'25	at NC State - 3-27-25	2025
7	14:06.8	Chris Georgules '96	Penn Relays	1995
8	14:10.24	Patrick Mulryan '27	Penn Relays - 4-24-25	2025
9	14:11.1	Fernando Braz '85	-	1985
10	14:12.9	Patrick Mellea '08	Stanford Invitational	2007
	14:12.9	Sean Burke '19	Penn Relays	2018
	14:15.6	Todd Renehan '85	Boston College Relays	1985
	14:19.0	Mike Pieroni '89	vs. Northeastern	1989
	14:19.5	Mark Alizzi '07	Stanford Invitational	2007
	14:20.0	Jamahl Prince '92	New England Championships	1992

	14:25.78	Will Purnell '26	at MIT - 4/19/24	2024
	14:26.02	Nick Loffredo '27	at Wake Forest - 4-17-25	2025
	14:26.03	Edward Sullivan '26	at Azusa Pacific 4-11-24	2024
	14:28.02	Sam Ellis '26	at MIT - 4/19/24	2024
	14:29.05	Andrew Healey '24	at Azusa Pacific 4-14-23	2023
	14:32.3	Paul Plissey '87		1984
	14:34.6	Jack Morelli '28	at Wake Forest - 4-17-25	2025
	14:37.8	Bryon Gartrell '04	Big East Championships	2003
	14:39.4	Edward Sullivan '26	at Azusa Pacific 4-14-23	2023
	14:45.43	Marshal Armitage	New England @ URI	2000
	14:45.63	Andrew Healey '24	at Georgia Tech - 4-22-22	2022
	14:47.0	John Hogan '82		1980
	14:50.35	Peter Fox '25	at Azusa Pacific 4-14-23	2023
	14:50.83	Eero Helenius '25	at MIT - 4/19/24	2024
	14:51.2	Dave Sullivan '86		1986
	14:53.2	Carl Anderson '82		1985
	14:53.27	Mac Kittrell '27	at Princeton - 5-2-25	2025
	14:56.3	Chris Blanchet '82		1985
	14:57.6	Jim Brennan '82		1982
	14:58.6	Mike Walsh '84		1982
	15:23.23	Sean Fortunato '26	at Northeastern - 4/27/24	2024
		<b>6 Mile</b>		
1 Record	29:30.0	Bill Roach '78	BC Relays	1978
2	29:45.0	Paul Bosco '71		1971
3	29:46.0	Jim Capezuto '74		1974
4	29:56.0	Jim Zabel '72	New England Championships at Bowdoin	1971
		<b>10,000 Meters</b>		
1 Record	28:42.8	Joe Rocha '87	Penn Relays	1987
2	28:48.35	Will Purnell '26	at NC State - 3-27-25	2025
3	29:02.6	Fernando Braz '85	-	1985
4	29:08.99	Peter Fox '25	at NC State - 3-27-25	2025
5	29:37.0	Sean Burke '19	Stanford Invitational	2017
6	29:48.0	Mike Pieroni '89	Penn Relays	1989
7	28:51.40	Patrick Donnelly 'GR'25	Raleigh Relays - 3-26-26	2026
8	29:55.1	Tim Ritchie '10	ACC Championships	2010
9	29:55.22	Edward Sullivan '26	at Wake Forest - 4-17-25	2025
10	29:59.89	Aiden Brancaccio '27	at Bryant Inv. - 3-27-26	2026
	30:00.96	Andrew Healey '24	at Azusa Pacific 4-11-24	2024
	30:18.5	Paul Plissey '87	-	1984
	30:19.0	Dermot Fitzpatrick '90	-	1989
	30:25.54	Mac Kittrell '27	at Bryant Inv. - 3-27-26	2026
	30:28.30	Nick Loffredo '27	at Bryant Inv. - 3-27-26	2026
	30:28.58	Jack Higgins '27	at Bryant Inv. - 3-27-26	2026
	30:29.15	Eero Helenius '25	at MIT - 4/19/24	2025
	30:33.0* (29:30.0)	Bill Roach '78	-	1978
	30:39.3	John Fitzpatrick '25	MIT - 4-22-23	2023
	30:40.5	Carl Anderson '82	Greater Boston Championships	1981
	30:45.6	Mark Alizzi '07	New England Championships	2006
	30:46.3	Dave Emerson	New England Championships	2008
	30:48.6* (29:45.0)	Paul Bosco '71	-	1971
	30:50.56	John Fitzpatrick '25	at MIT - 4/19/24	2025
	30:56.2	Peter Hogan '93		1002
	30:56.80	Sean Fortunato '26	at MIT - 4/19/24	2025
	31:01.2	David Brode '88		1986
	31:02.93	Theodor Schucht '28	at ACC Championships - 5-15-25	2025
	31:12.1	John Finn		1992
	31:24.5	Peter Hughes '84		1984
	31:30.6	Ken Coutoumas '84		1982
	31:34.86	Sam Ellis '26	at Tufts - 3-30-24	2024
	31:36.22	Eero Helenius '25	at MIT - 4/19/24	2024
	31:47.81	Byron Gartrell '04	ACC Championships	2003
	31:57.75	Jack Nauman '28	at MIT - 4/19/24	2025
	32:13.27	Sean Fortunato '26	at Tufts - 3-30-24	2024
		<b>110m High Hurdles</b>		
1 Record	14.71	Terry Moorehead '85	-	1983



<b>800 Meter (4 x 200) Relay</b>				
1 Record	01:25.7	Doherty '68, Murray '70, Casey '68, Jeffers '68		
2	1:28.7m	Hawkins '87, Coffey '85, Drakes '85, Davis '88		
<b>1600 Meter Relay (4 x 400)</b>				
1 Record	03:11.0	Nick Nash '17, Darren James '17 Oliver Boucher '19, Obinna Nwankwo '19	ACC Championships	2017
2	3:11.9* (3:13.1)	Kopka '68, Zaikowski '67, Casey '68, Jeffers '68	-	1967
3	03:12.50		ACC Championships - 5-13-23	2023
4	3:12.6* (3:13.8)	O'Brien '73, Keegan '73, Walsh '71, Catano '71	-	-
5	03:12.9	Ashenden, James, Hennessey, O'Neill	NEICAAA Championships	2014
6	03:13.4	Harris '93, Neves '92, Greene '92, Williams '93	I.C.A.A.A.A.	1992
7	03:13.8	Daniel Ashenden, Connor O'Neill, Kellen MacDonald, Jack Hennessy	NEICAAA Championships	2013
8	3:14.5* (3:15.7)	Trovato '75, Charland '74, Fotzmaurice '74, Francis '76	-	1974
9	3:14.6* (3:15.8)	Casey '68, Murray '70, C. O'Brien '68, Jeffers '68	-	-
10	03:14.7	Brian Smith, Connor O'Neill, Kellen MacDonald, Jack Hennessy	NEICAAA Championships	2012
	3:15.2* (3:16.4)	Vercollone '77, Martin, Scales '77, Francis '76	-	1976
	03:15.4	Nance '83, Coffey '85, Jones '83, Kirk '83	-	-
	03:15.42	Colin Kravitz'27, Max McQuide'25, Stephen Colleran'24, Eddie	at Texas Relays - 3-29-24	2024
	03:15.5m / (3:16.8y)	Gilbey '65, Rinella '63, Owens '63, Flynn '63	Greater Boston's at Brandeis	1963
	03:15.5	Nash '17, Saxon '19, Nwankwo '17, Morano '19	ACC Championships	2016
	03:15.7	Nash '17, Nwankwo '17, James '17, Morano '19	Penn Relays	2017
	3:15.8* (3:17.0y)	Ryan '71, O'Brien '73, McDonald '73, Murraray '70	New Englands at BC	1970
	03:16.0	Atkins '05, Caulfield '07, Montiero '05, Weyr '07	I.C.A.A.A.A.	2004
	03:16.1	Nance '83, Moorehead '85, Jones '83, Kirk '83	-	-
	3:16.4m	Hawkins '87, Davis '88, Drakes '85, Coffey '85		
	3:16.8m	Kirk '83, Muscato '85, Graca '84, Cowden '83		
	3:17.0m	Davis '88, Hawkins '87, Drakes '85, Muscato '85		
	03:17.94	Manson '22, Windisch '21, Sigalove, Green '21	Georgia Tech Invitational	2021
	3:18.8m	Murphy '80, Horton '80, Cowden '83, Jones '83		
	3:19.2m	Nelson '79, Murphy '80, Mullen '80, Horton '80		
	03:19.88		at Georgia Tech - 3-23-22	2022
	03:19.8	Windisch, Olsen, Green, Manson	BU Season Opener	2019
	03:19.9	Mark Murray '70, Cliff O'Brien '68, Clint O'Brien '68, Larry Jeffers	Colby Invitational	1968
	03:20.0	??	New England Championships	1999
<b>3200 Meter Relay (4 x 800)</b>				
1 Record	7:29.2* (7:31.9)	Vercollone '77, Lowell '77, Goggin '75, Francis '76	-	1975
2	07:32.3	McKenzie '02, Wallace '03, Mickle '03, MacIssac '05	Big East Championships	2002
3	07:33.3	Mellea '08, Zagorski '08, LaFave '07, DiVittorio '07	Penn Relays	2007
4	07:33.7	McEllin, Yuen, Prince, Murphy		1992
5	07:39.92	Steven Jackson '24 John Wacker '24, Erik Linden '22, David Scherrer	at Penn Relays - 2022	2022
6	7:47.6y	McKillop '27, Mahoney, Welch '25, Cavanaugh	Penn Relays (World Record)	1924
<b>Sprint Medley Relay (400-200-200-800)</b>				
1 Record	3:19.5* (3:20.7)	Trovato '75, Green '79, Hazzard '78, Francis '76	Penn Relays Champions	1975
2	3:24.7* (3:25.9)	Trovato '75, McCrory '75, Leppo, Francis '76	Penn Relays	1974
3	3:25.7* (3:27.0)	J. O'Brien '73, Charland '74, Fitzmaurice '74, McDonald '73	Penn Relays	1973
4	03:28.40	Jaton Williams '25, Max McQuide '25, Jackson Sigalove '24, Eddie	at Penn Relays - 2022	2022
<b>Distance Medley Relay (800-400-1200-1600)</b>				
1 Record	09:48.6	Horton '80, Nelson '79, Finucane '79, Gajewski '78	Penn Relays	1978
2	09:48.90	Cruz Brown'26, Stephen Colleran'24, Steven Jackson'24, Pat	at Texas Relays - 3-29-24	2024
3	09:49.0	Grant '89, Boland '91, Hogan '89, Dugan '89	Penn Relays	1989
4	09:49.8	McEllin, Williams, Prince, Yuen		1992
5	09:50.7		Duke Invitational	2000
6	09:56.61	Steve Jackson '24, Max McQuide '26, Eddie Kelly '26, Jackson B	at Penn Relays - 2023	2023
7	09:57.0	Owens '63, Gilbey '65, Jutras '65, Rawson '63 Penn Relay Cham	at Penn Relays 4-28-63	1963
8	09:57.43	David Scherrer '23, Marcus Manson '23, Denis Gallagher '25, St	at Penn Relays - 2022	2023
<b>Long Jump</b>				
1 Record	26'6 1/2" (8.09m)	Ray Hawkins '88	I.C.A.A.A.A.	1988
2	25'7"	Brett Harris '93	-	1992
3	25'2 1/2"	Rob Davis '88	I.C.A.A.A.A.	1988
4	24'10" (7.57m)	George White '00	I.C.A.A.A.A.	1997
5	24'1 1/4"	Henry Keller '64	-	1964
6	23'11"	Dan Mahoney '73	-	1973
7	23'10 1/2"	Frank Ziemetz '39	-	1940
8	23'10"	Chris Nance '83	Big East Championships	1983





